

Hyperkalemia Management A NEW ERA

Why is HK a treatment barrier for CKD and HF?

Which of the following sentences best expresses your opinion about hyperkalemia?

- ❖ It is a temporary condition that prevents optimal RAASi therapy
- ❖ It is a problem that should be kept under constant that contributes to the progression of chronic disease

Approximately what percentage of your patients are hyperkalemic in your clinical practice?

❖ < 10%

❖ 10-15 %

❖ 20-25%

❖ > 25%

At what potassium level do you start your management?

❖ > 5 mEq/L

❖ > 5.5 mEq/L

❖ > 6 mEq/L

❖ > 6.5 mEq/L

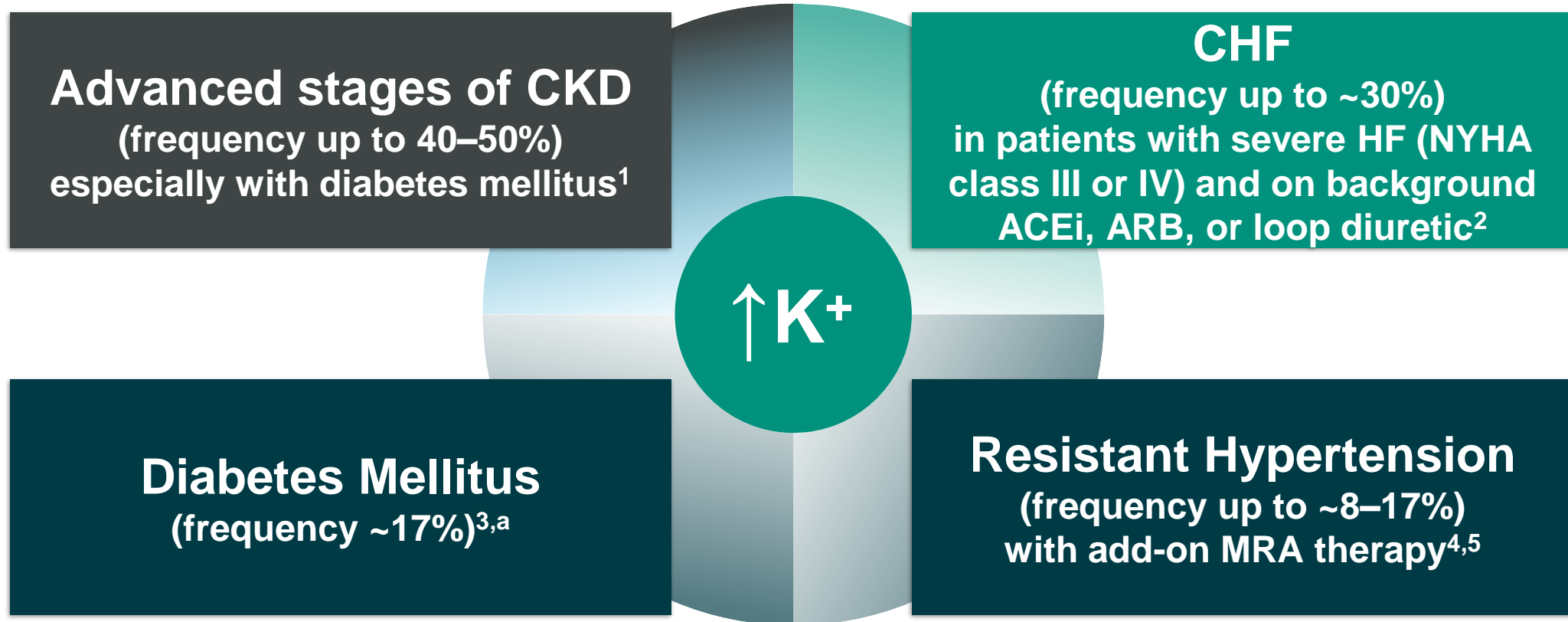
What is your first option to treat Severe hyperkalemia?

- ❖ Sodium Bicarbonate
- ❖ B2 adrenergic receptors
- ❖ Insulin-Glucose
- ❖ Dialysis

What is your first option to maintain chronic mild to moderate hyperkalemia?

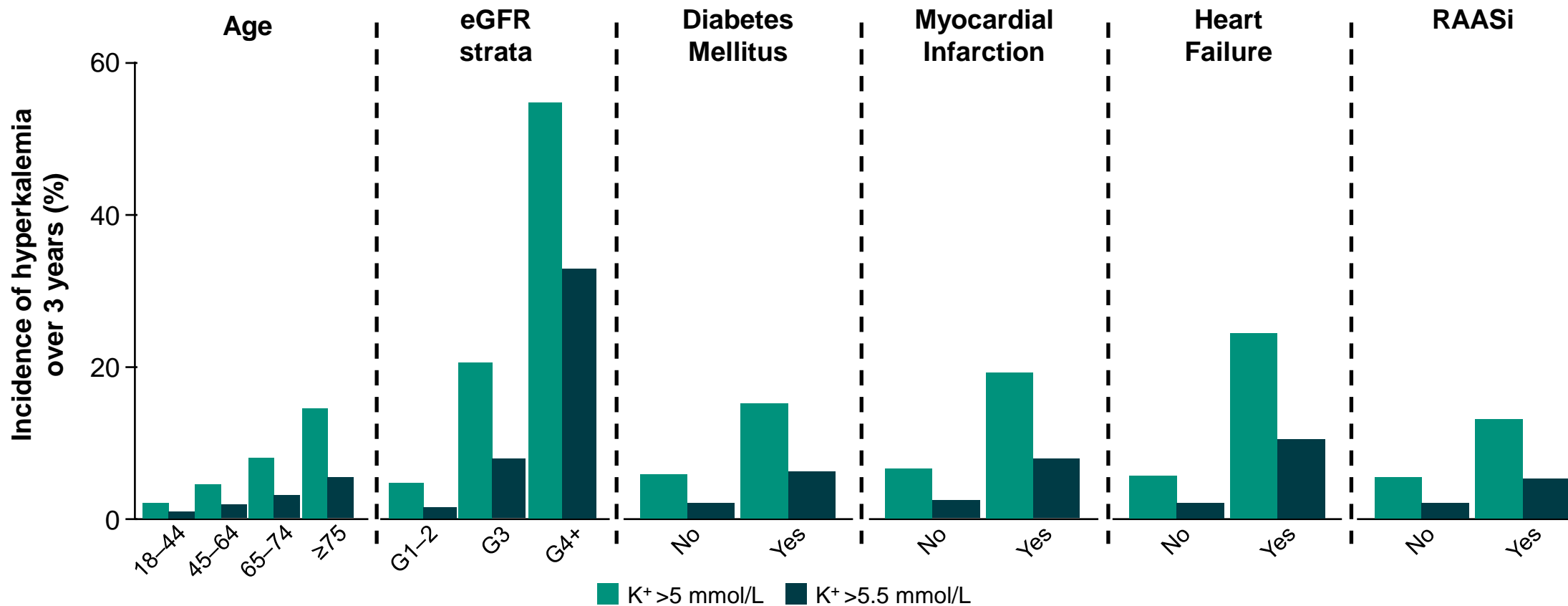
- ❖ Diet Restriction
- ❖ Traditional potassium binders (SBS)
- ❖ Diuretics
- ❖ Down titration or discontinuation of RAAS i

Patient subgroups with a high incidence of hyperkalemia



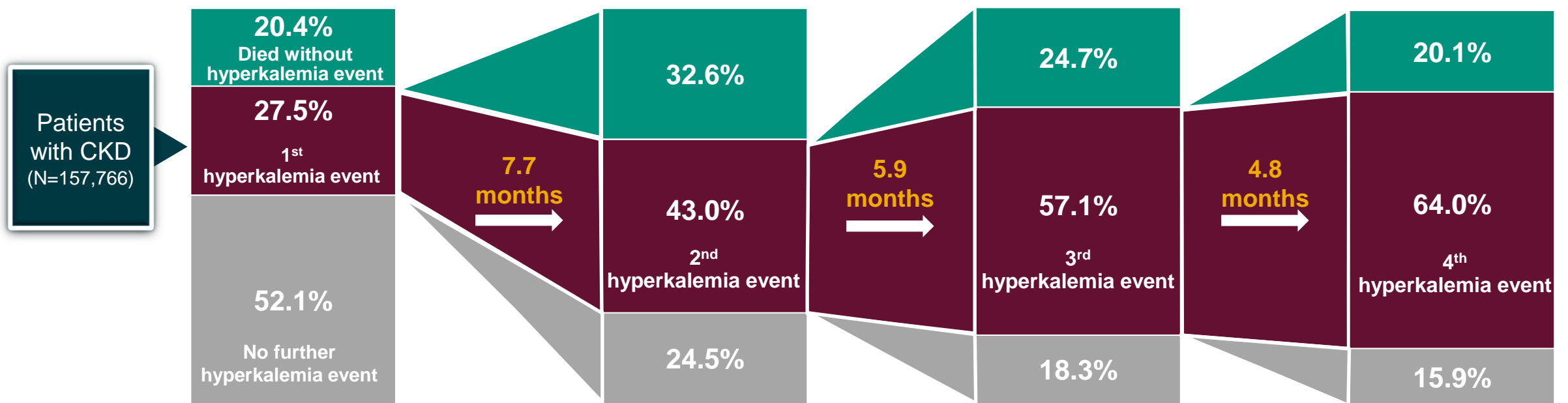
Reduced eGFR observed as a major risk factor for hyperkalemia, along with other comorbidities and common medications

Observational study of 364,955 patients in the SCREAM project who underwent K⁺ testing during 2009 and with a recent serum creatinine test to determine eGFR^a



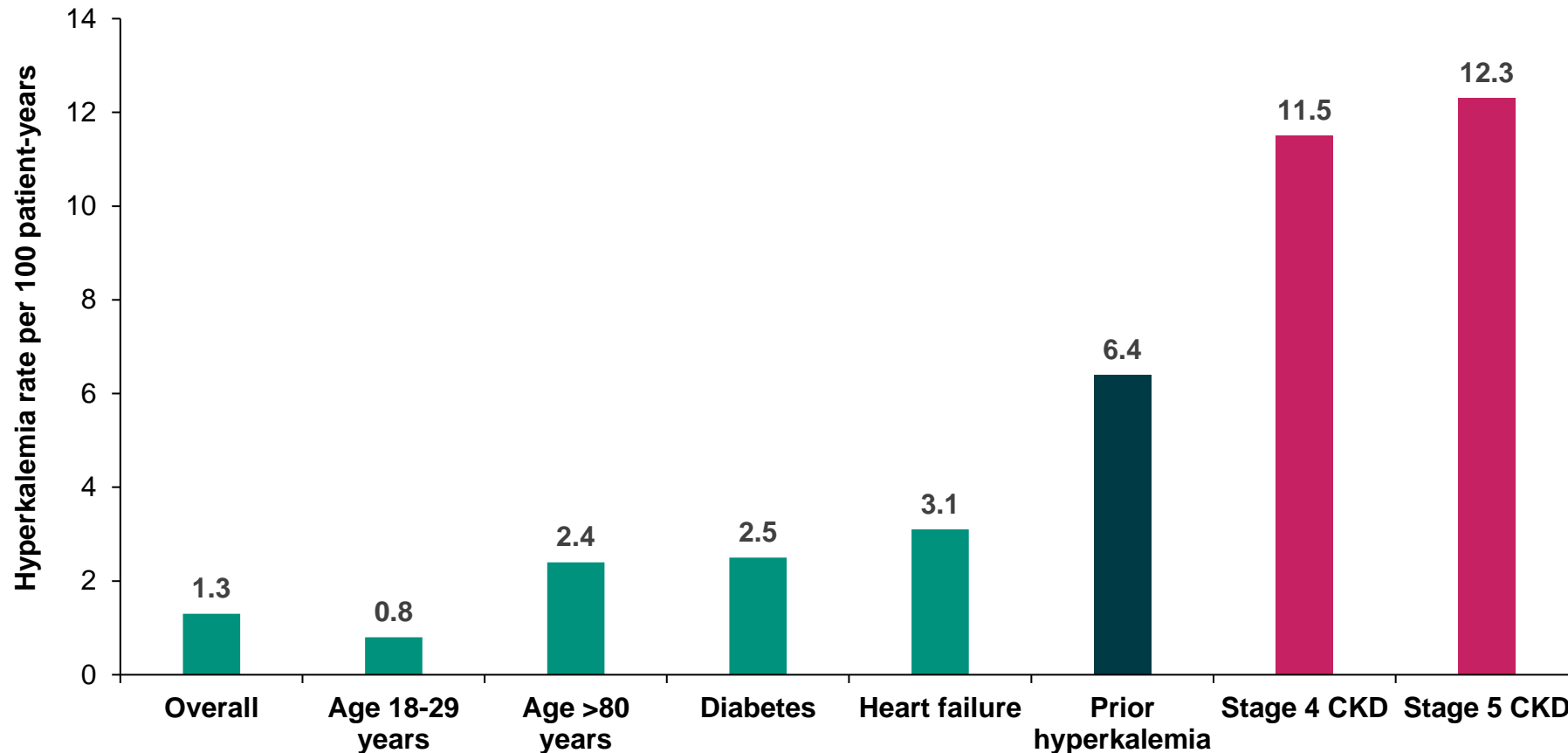
Patients with CKD have recurrent hyperkalemia episodes, with successively shorter time between the episodes

Population-based cohort study linking individual data from hospital, prescription, and laboratory databases in patients from the Danish National Patient Registry in Northern Denmark (population 1.8 million) during 2000–2012. Patients with a first time diagnosis of CKD were identified



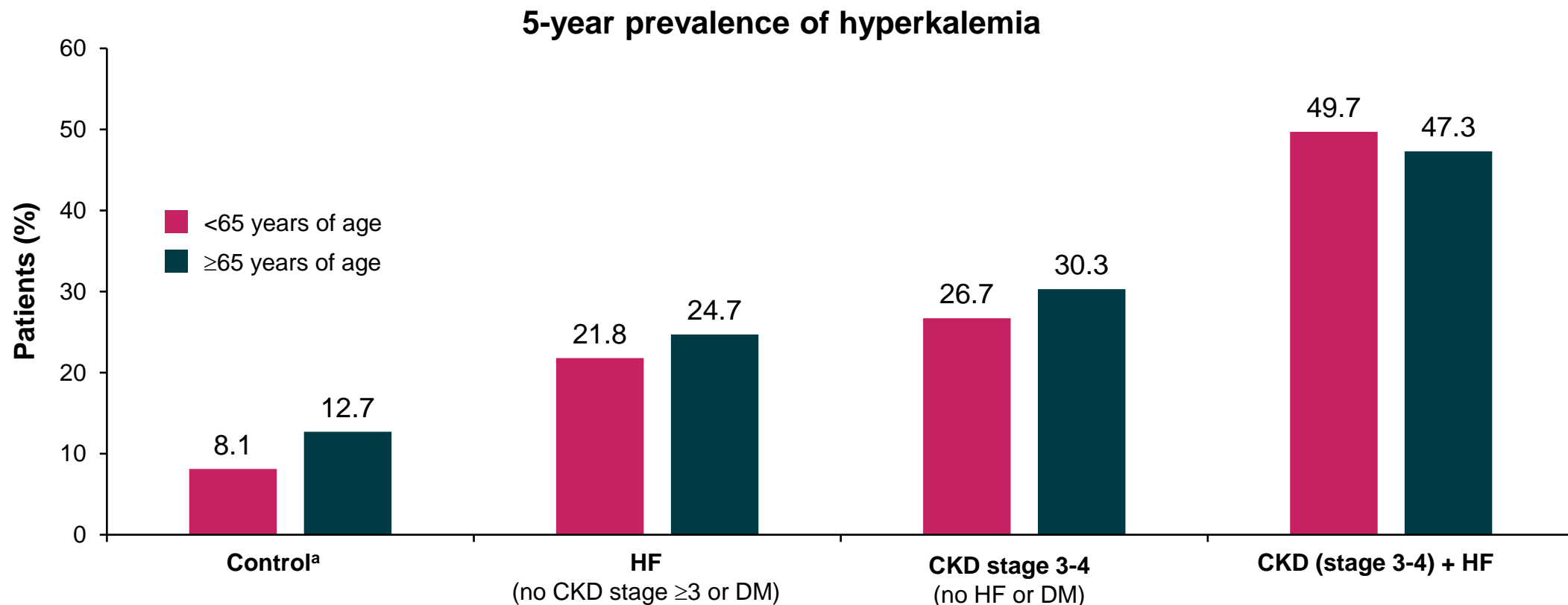
Moderate and severe hyperkalemia was common among RAASi users, especially those with advanced CKD

An observational cohort study of 434,027 patients (moderate hyperkalemia, 78.8%; severe hyperkalemia, 21.2%) with incident and prevalent RAASi users using data from the CPRD and linked Hospital Episode Statistics between 2009 and 2014



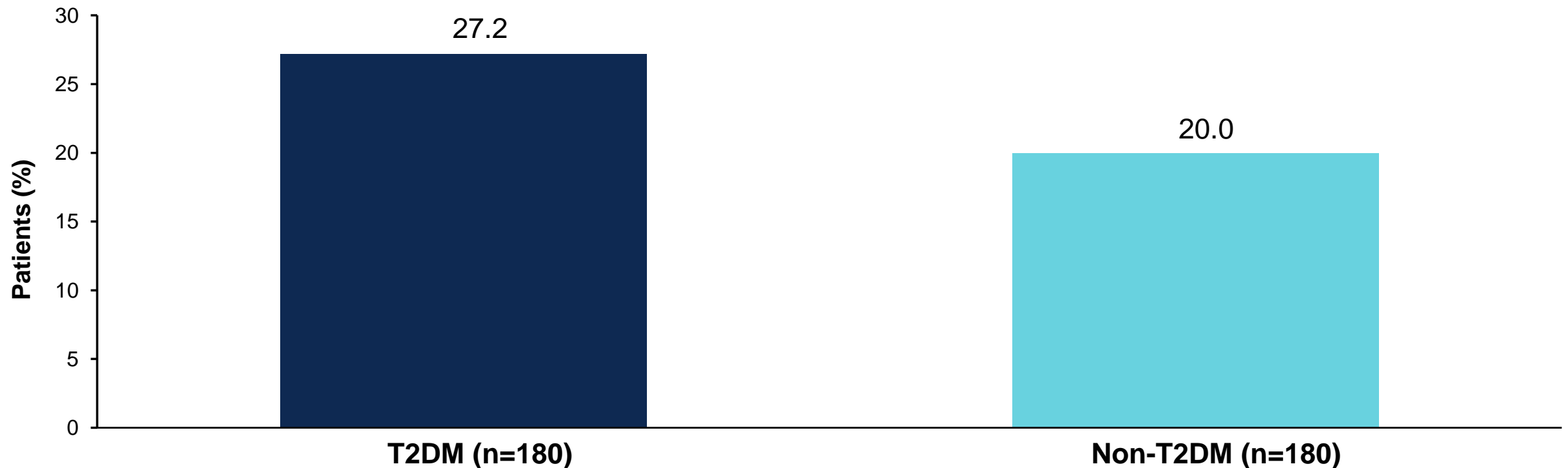
Patients with CKD + HF had an increased prevalence of hyperkalemia

Large US database (N=1.7 million/7 million, including both insured and uninsured) with de-identified medical records (2008-2012) of patients (≥65 years [n=558,308] and <65 years [n=1,072,900]) with various comorbidities and at least one K⁺ reading of 2.5-10 mmol/L were evaluated for prevalence of hyperkalemia (K⁺ ≥5.1 mmol/L)



Prevalence of hyperkalemia was higher in patients with CKD and co-existing diabetes compared to control

Nested case-control cohort included CKD stages 2-4^a patients with T2DM^b and matched control without T2DM from nephrology outpatient clinic from Greece between January 2007-May 2015



RAASi therapy is recommended for the management of patients with CKD

NDD-CKD patients without diabetes mellitus

- KDIGO recommends that an ARB or ACEi be used in non-diabetic adults with NDD-CKD and urine albumin excretion >300 mg per 24 hours (or equivalent) in whom treatment with BP-lowering drugs is indicated (1B)

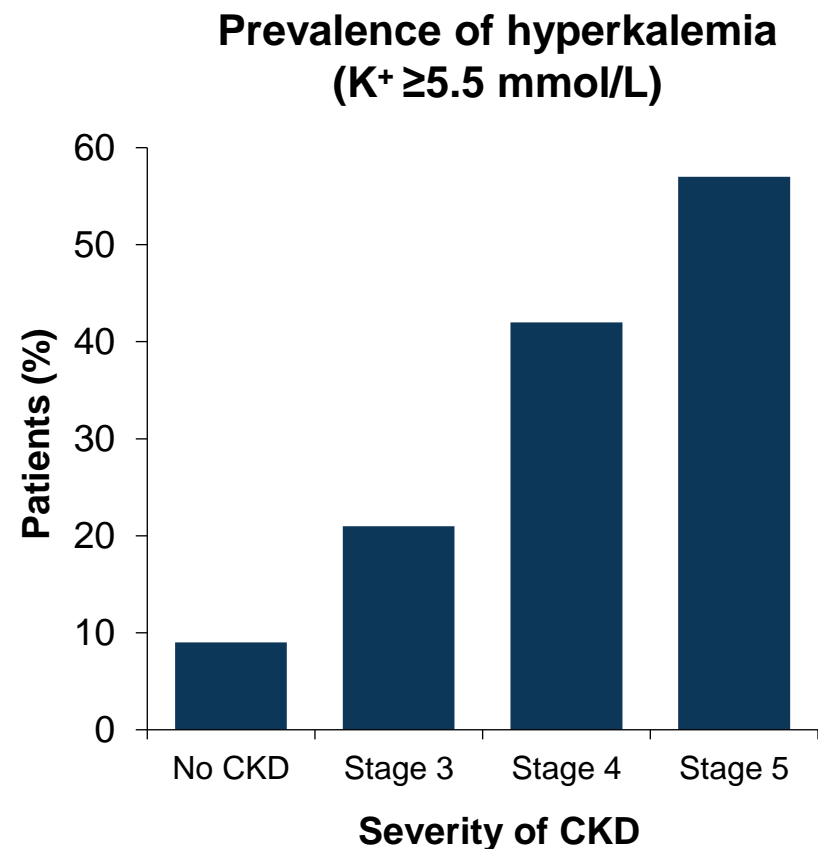
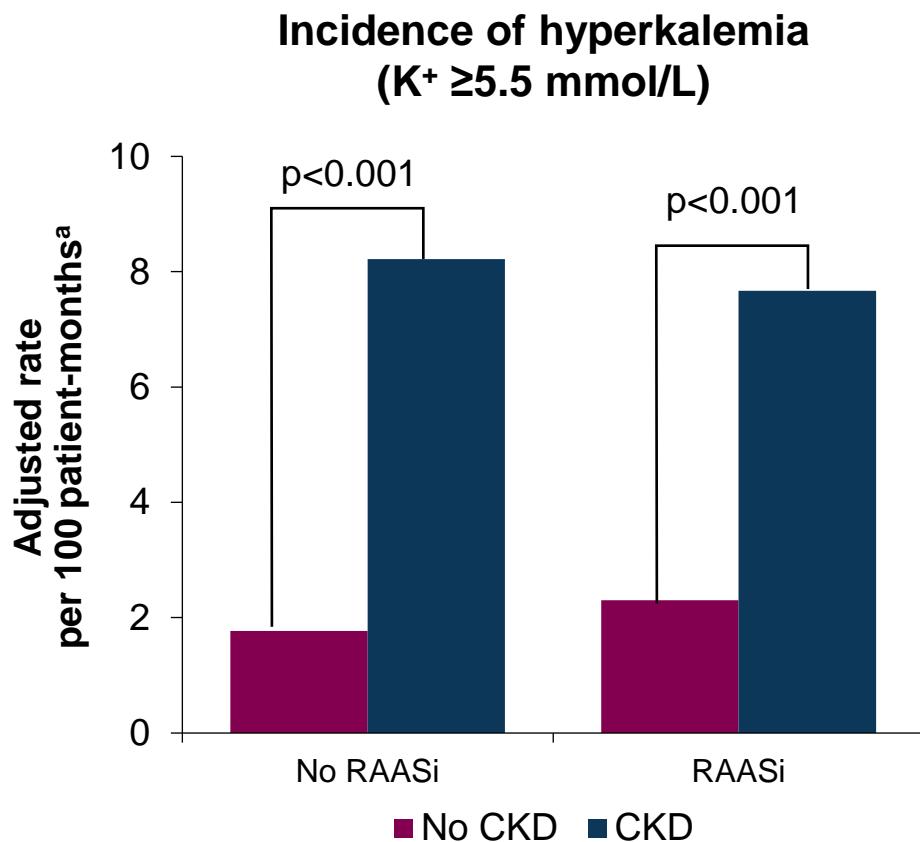
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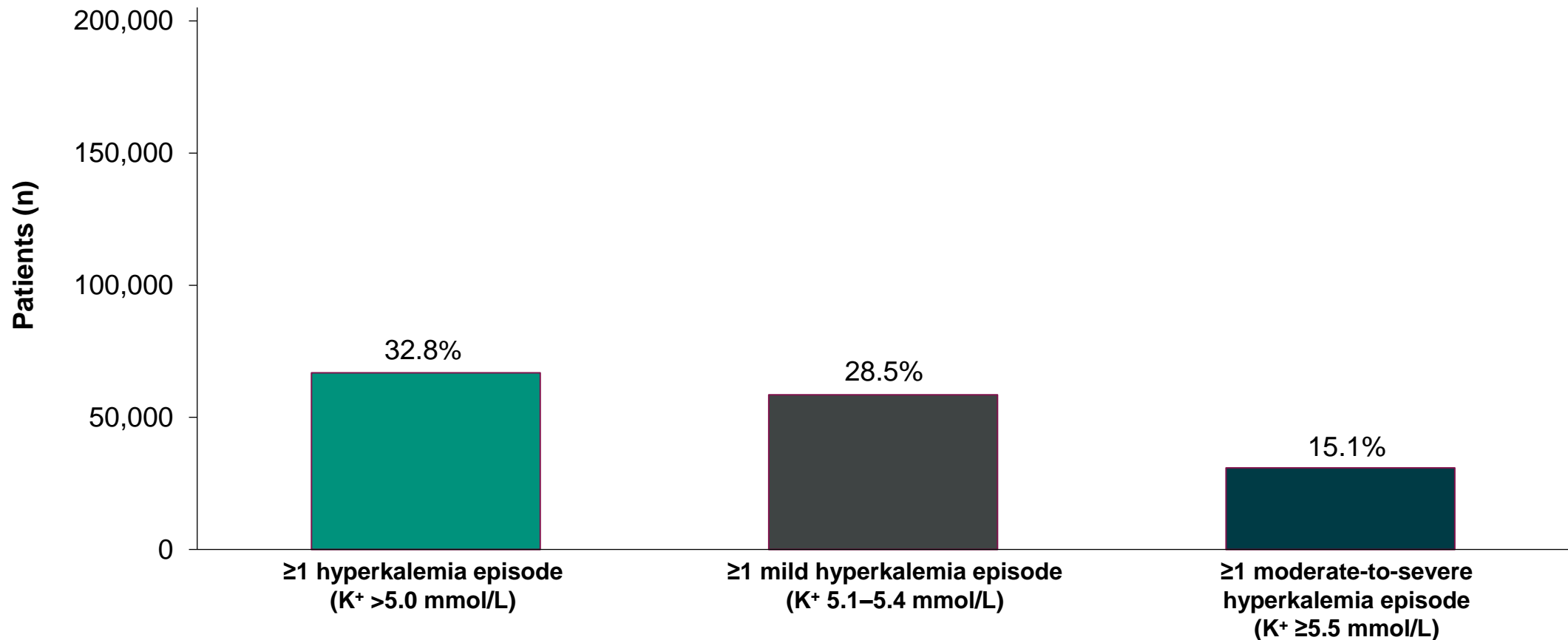
Risk of hyperkalemia increased with CKD ± RAASi use and with the severity of CKD

Retrospective analysis of Veterans Health Administration national healthcare system cohort comprised of 2,103,422 records from 245,808 veterans with at least one hospitalization and serum potassium record during 2005



Over a 5-year period, ~30% of patients on RAASi therapy experienced at least one hyperkalemia episode

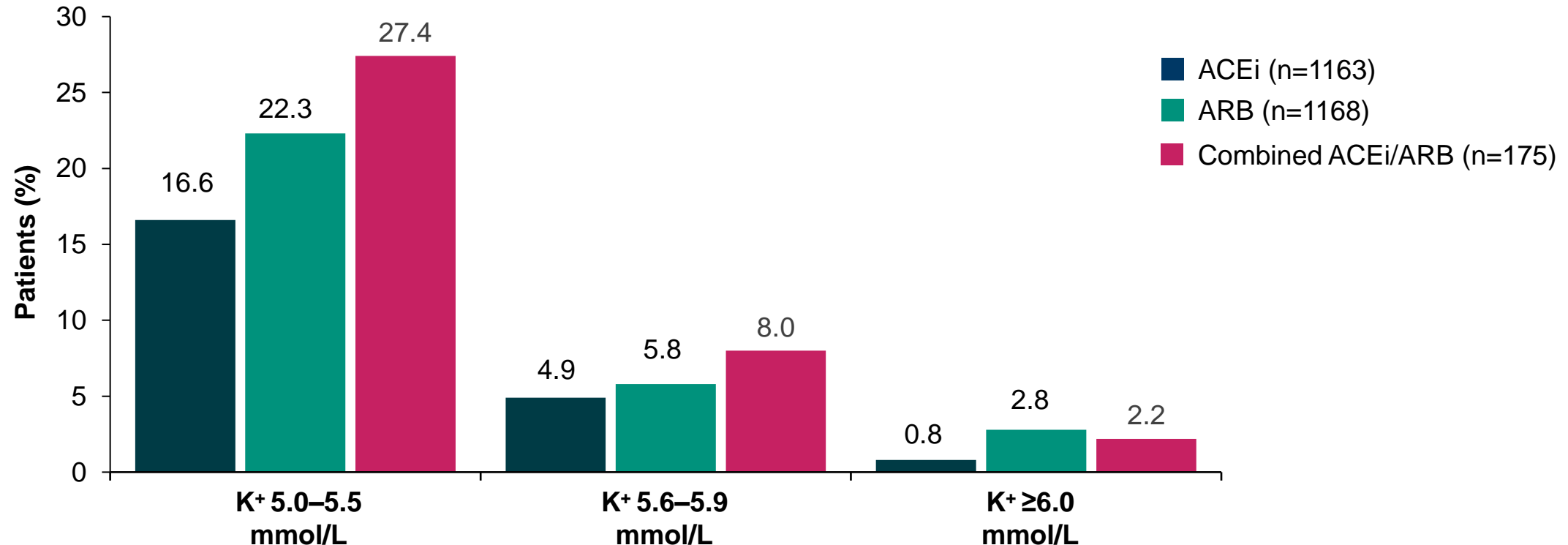
Retrospective analysis of 1,700,000 electronic health records of patients with CKD, heart failure, or diabetes, with at least two serum K⁺ readings, and on at least 1 RAASi^a from Humedica (US) in 2007-2012 (N=205,108)



A significant proportion of patients on ACEi/ARB therapy experience hyperkalemia

Retrospective observational cohort study of 2331 patients on ACEi or ARB therapy from a single center VA Medical Center in the US. Hyperkalemia was observed in 20.4% of patients on ACEi and 31.0% of patients on ARBs. Among patients with diabetes, hyperkalemia was observed in 24% of patients on ACEi (mean GFR 68.7 mL/min) and 37.7% of patients on ARBs (mean GFR 58.7 mL/min)

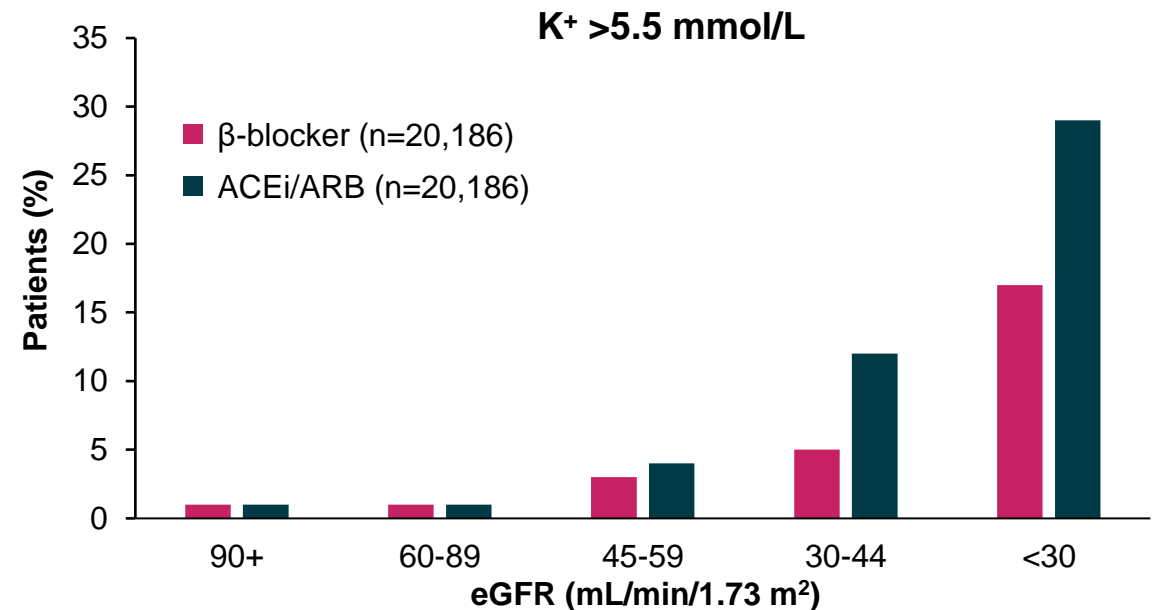
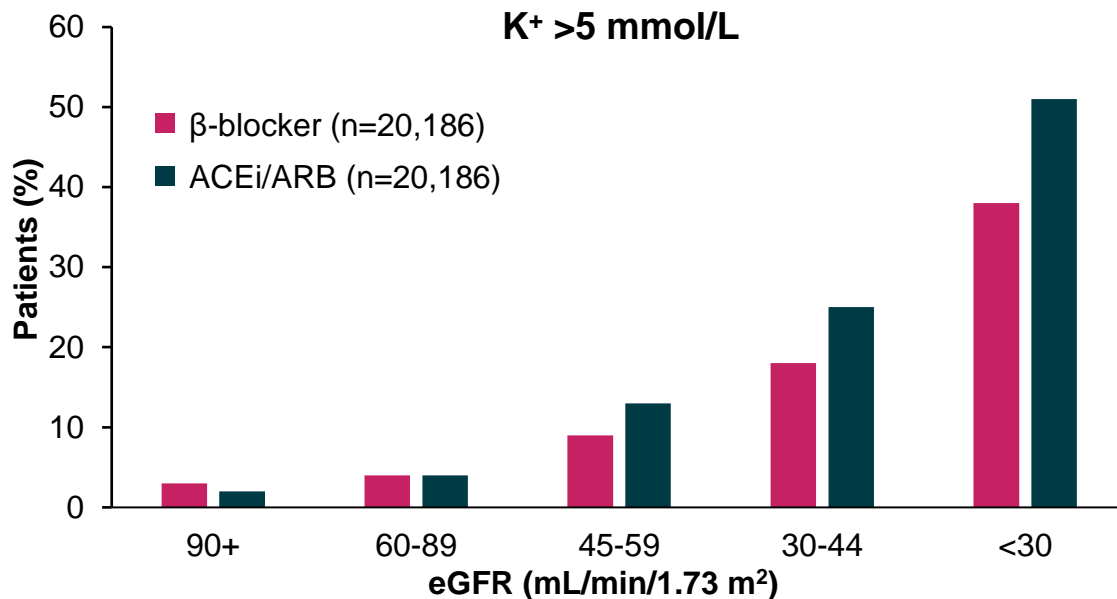
Hyperkalemia by ACEi or ARB use



Hyperkalemia rates in the first year of ACEi/ARB therapy increased in patients with lower eGFR

Observational study of 69,426 patients in the SCREAM project who were new ACEi or ARB users with a serum creatinine and K⁺ measurement on or within 1 year of dispensing date during January 2007–December 2010. Patients were propensity-matched 1:1 to a cohort of new β -blocker users. Mean K⁺ level prior to dispensing medication was 4.1 mmol/L

Proportion of patients with hyperkalemia during the first year of therapy by eGFR status



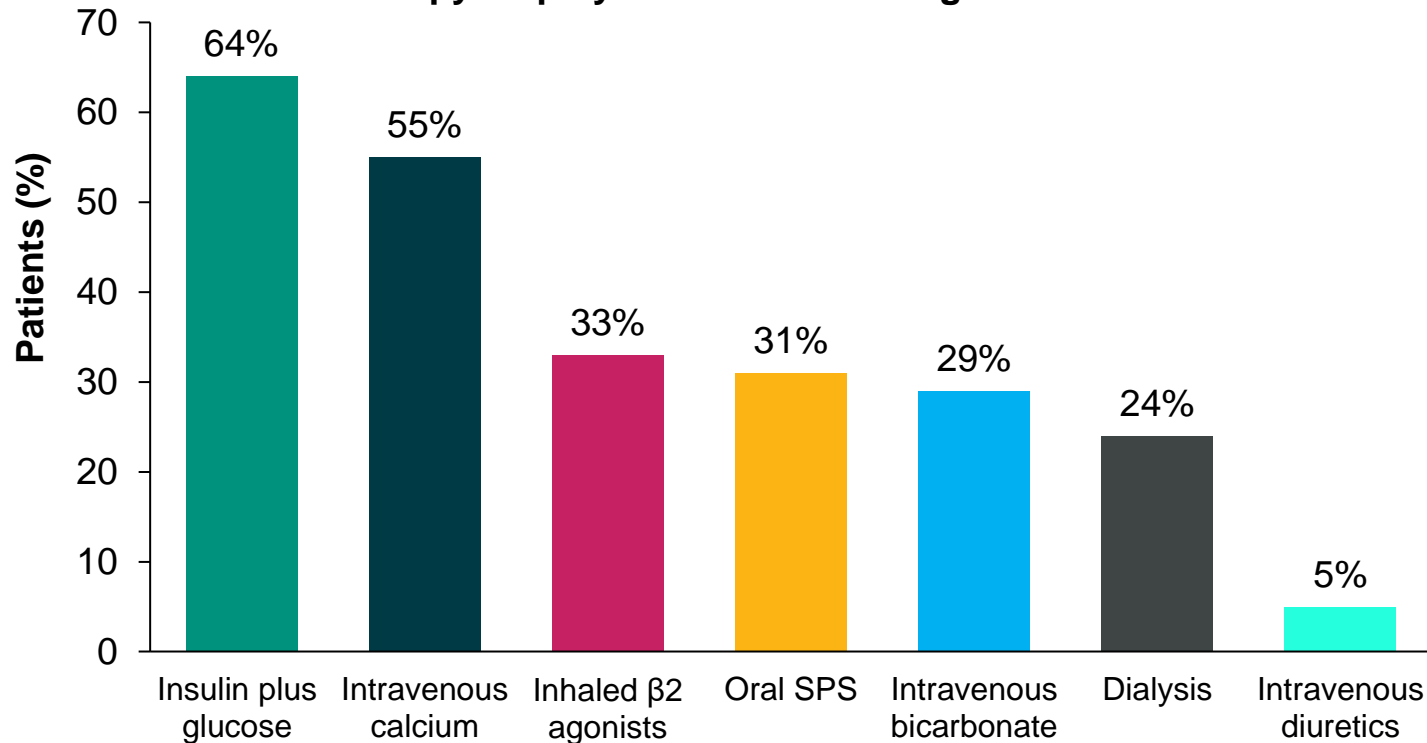
• Of the 2977 patients who had K⁺ >5 mmol/L in the first year, **1000 patients had a recurrent K⁺ >5 mmol/L** within the year

• Of the 924 patients who had K⁺ >5.5 mmol/L in the first year, **278 patients had a recurrent K⁺ >5.5 mmol/L** within the year

Insulin and glucose were the most common treatment for HK, with the majority of patients receiving multiple interventions within 4 hours

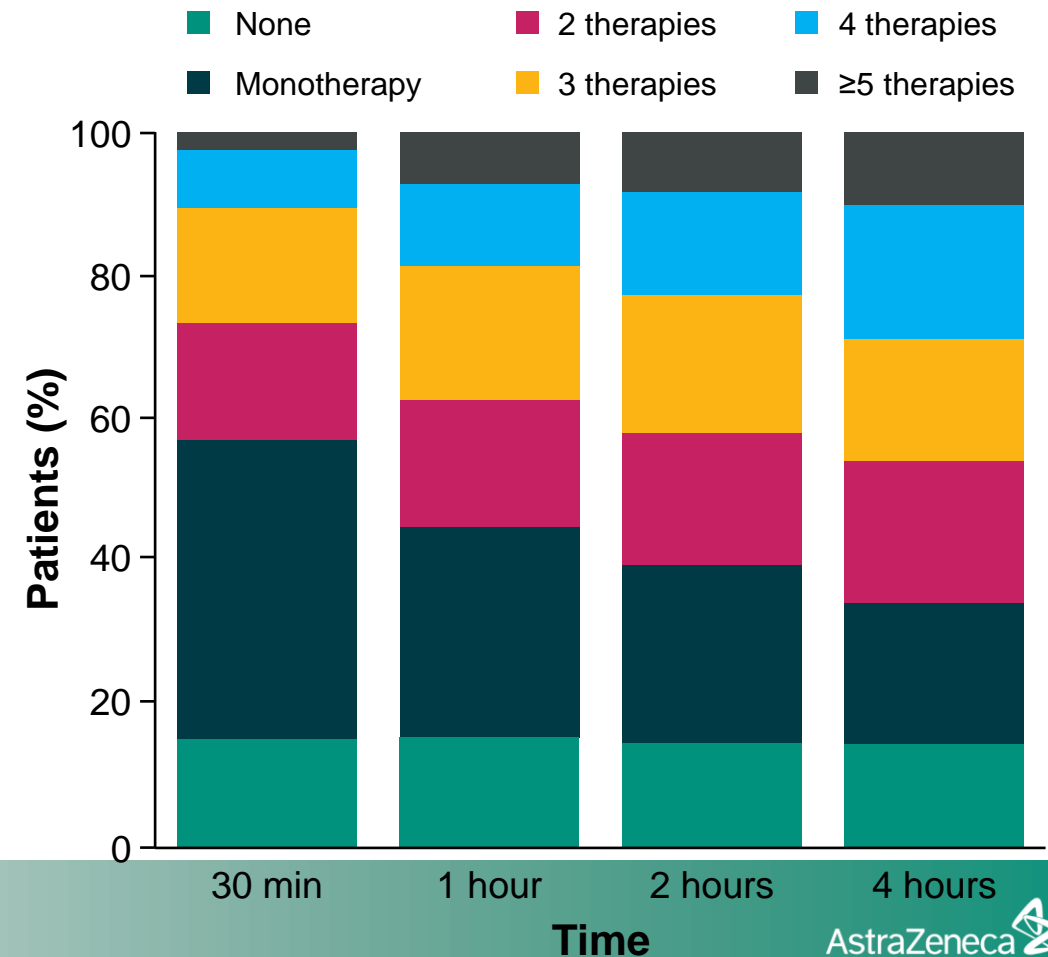
A multicentre, prospective, observational study enrolled 203 patients with HK in the ED at 14 US-based sites from 25th October 2015 to 30th March 2016

Therapy employed in the ED setting within the first 4 hours



- The most common therapy employed was insulin plus glucose, which was used alone or in combination with other treatments

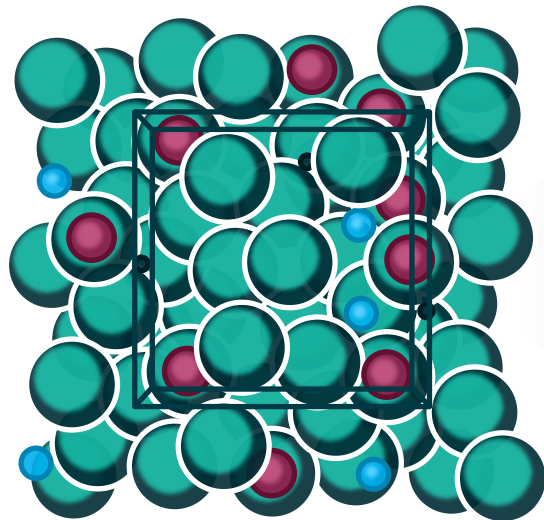
Cumulative number of K⁺-lowering treatments over time



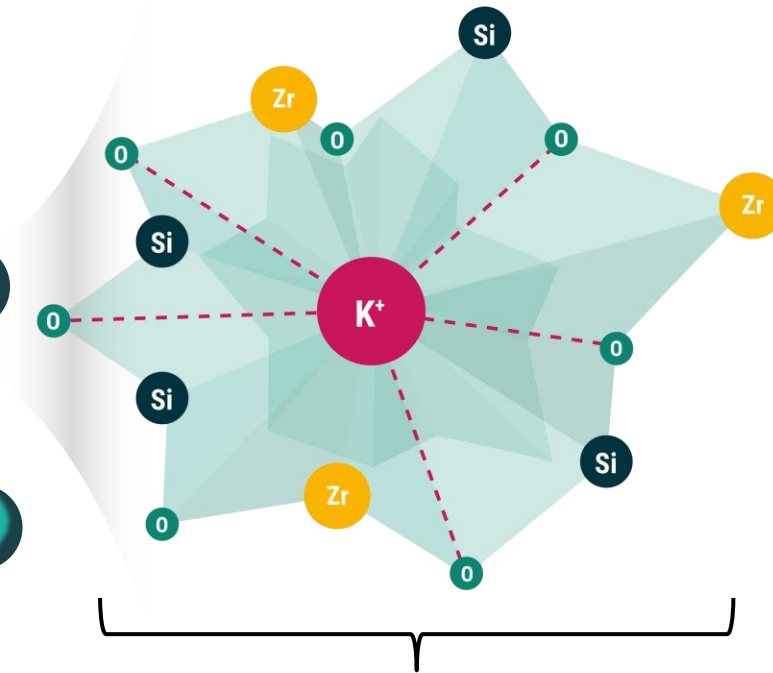
Lokelma: A New Solution

LOKELMA crystal structure

LOKELMA is indicated for the treatment of HK in adults¹



Chemical formula:
 $H_6Na_2O_9Si_3Zr^{+2}$

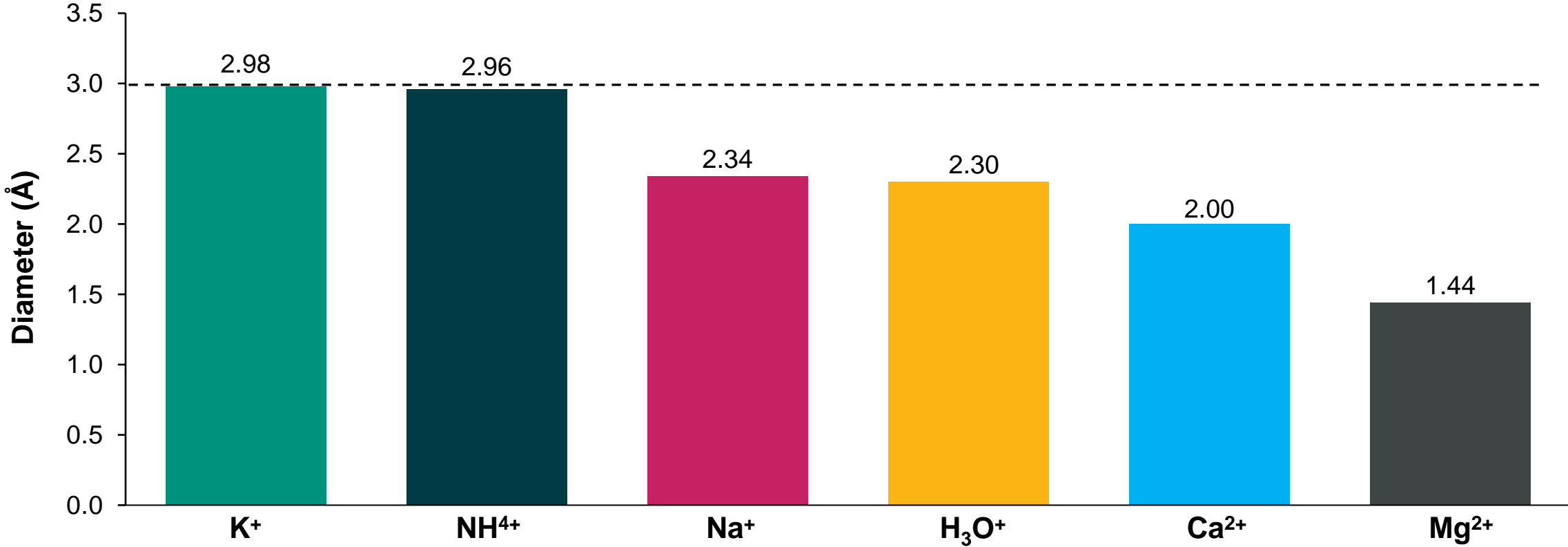


Average binding-site width: 3 Å

Key molecular characteristics:^{1,3}

- Inorganic crystalline zirconium silicate compound
- Not a polymer
- Insoluble, highly stable, and does not expand in water
- Not systemically absorbed
- High affinity for K^+ ^a
- Exchanges Na^+ and H^+ for K^+

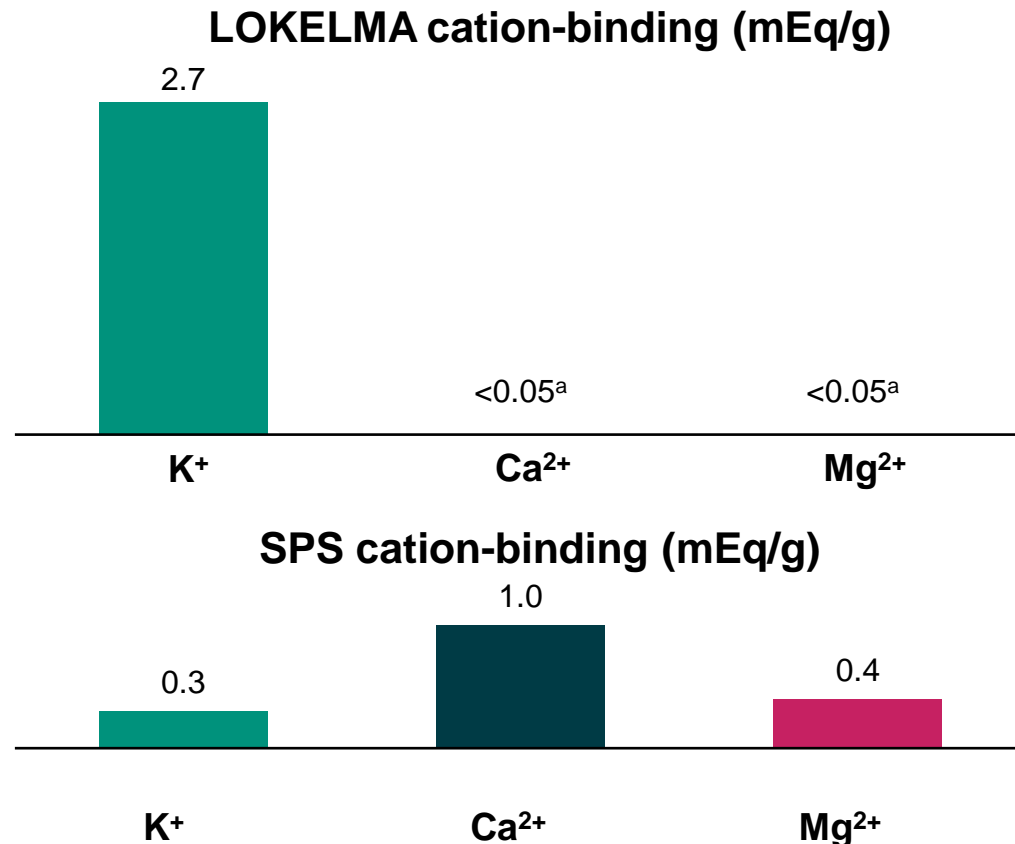
Relative diameters of major cations^a



K⁺ and NH₄⁺ ions, owing to similar ionic diameters, 'fit' best into the LOKELMA pores, which are ~3 Å in size

LOKELMA and SPS: Selectivity for K⁺

- In vitro studies were designed to examine the ion exchange capacities of LOKELMA and SPS
- K⁺, Ca²⁺, and Mg²⁺ concentration ratio of 1:1:1



- LOKELMA displayed 9.3x more K⁺-binding capacity than SPS
- LOKELMA was >125x more selective for K⁺ than SPS
- SPS was more selective for Mg²⁺ and Ca²⁺ than for K⁺
- LOKELMA and SPS have not been studied in head-to-head clinical trials and *in vitro* effects do not necessarily equate to efficacy, therefore no superiority of efficacy or other clinical benefit should be implied.

Lokelma efficacy & safety

ZS-004 (HARMONIZE) + ZS-004E (Extension)

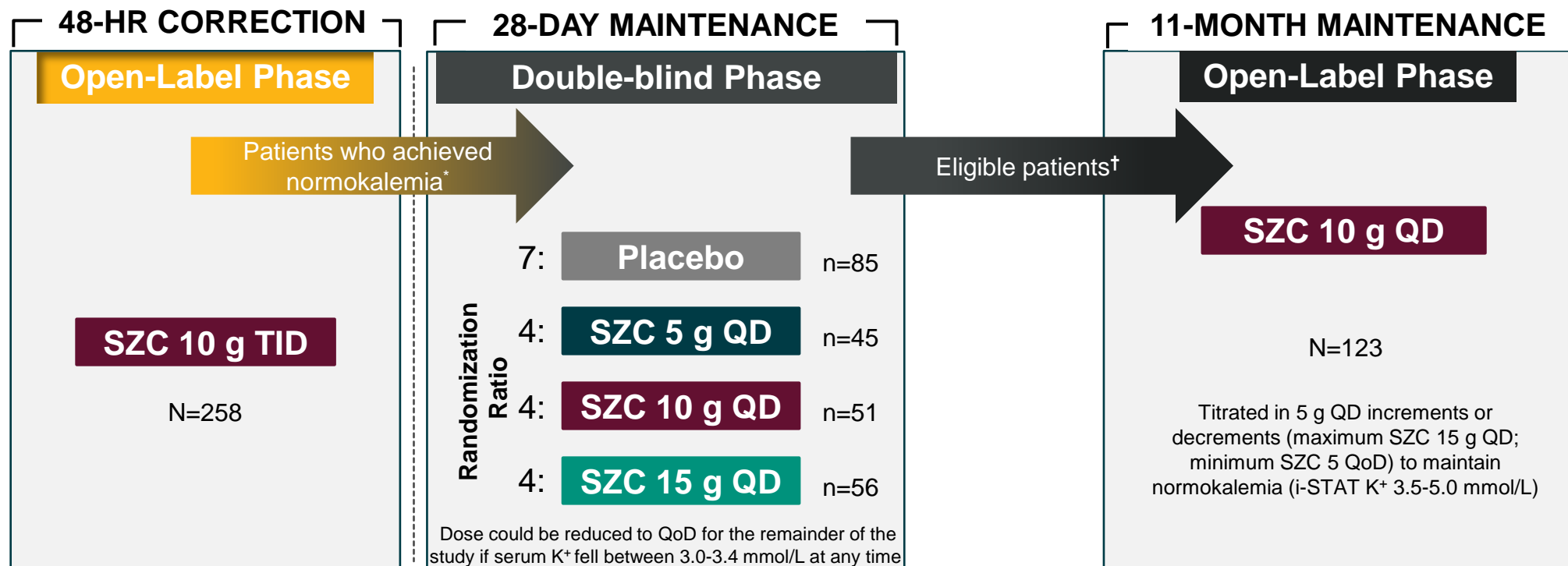
Study Designs

ZS-004¹

Phase III, multicenter, 2-phase prospective study in patients with serum K⁺ ≥5.1 mmol/L at 44 nephrology, cardiology, general research sites in US, South Africa, and Australia

ZS-004E (EXTENSION)²

Extension phase of patients who completed ZS-004 at 30 sites in US, South Africa, and Australia



ZS-004 (HARMONIZE) + ZS-004E (Extension)

Efficacy Endpoints



Primary

ZS-004¹

Randomized Maintenance Phase:

- Comparison of mean serum K⁺ levels between placebo and each SZC treatment group from Day 8 to Day 29

Open-label Correction Phase:

- Change from baseline in serum K⁺ levels at all time intervals
- Proportion of patients achieving normokalemia by 24 and 48 hours
- Time to K⁺ normalization

Randomized Maintenance Phase:

- Proportion of patients with mean K⁺ level <5.1 mmol/L during Days 8 to 29

ZS-004E²

Proportion of patients with mean serum K⁺ ≤5.1 mmol/L during 11-month maintenance phase (Day 8 through Day 337)

Proportion of patients with average serum K⁺ ≤5.5 mmol/L during 11-month maintenance phase (Day 8 through Day 337)

Key
Secondary

ZS-004 (HARMONIZE) + ZS-004E (Extension)

Key Inclusion and Exclusion Criteria



Key Inclusion Criteria

- >18 years of age
- Two consecutive i-STAT K⁺ values ≥ 5.1 mmol/L, with no upper limit at entry
- Ability to have repeated blood draws



Key Exclusion Criteria

- Dialysis
- Cardiac arrhythmia requiring immediate treatment
- Active treatment with resins (eg, SPS or sevelamer acetate), calcium acetate, calcium carbonate, or lanthanum carbonate within 7 days
- Treatment with lactulose, Xifaxan[®], or other non-absorbed antibiotics for hyperammonemia within 7 days
- Diabetic ketoacidosis
- Pseudohyperkalemia

ZS-004E²

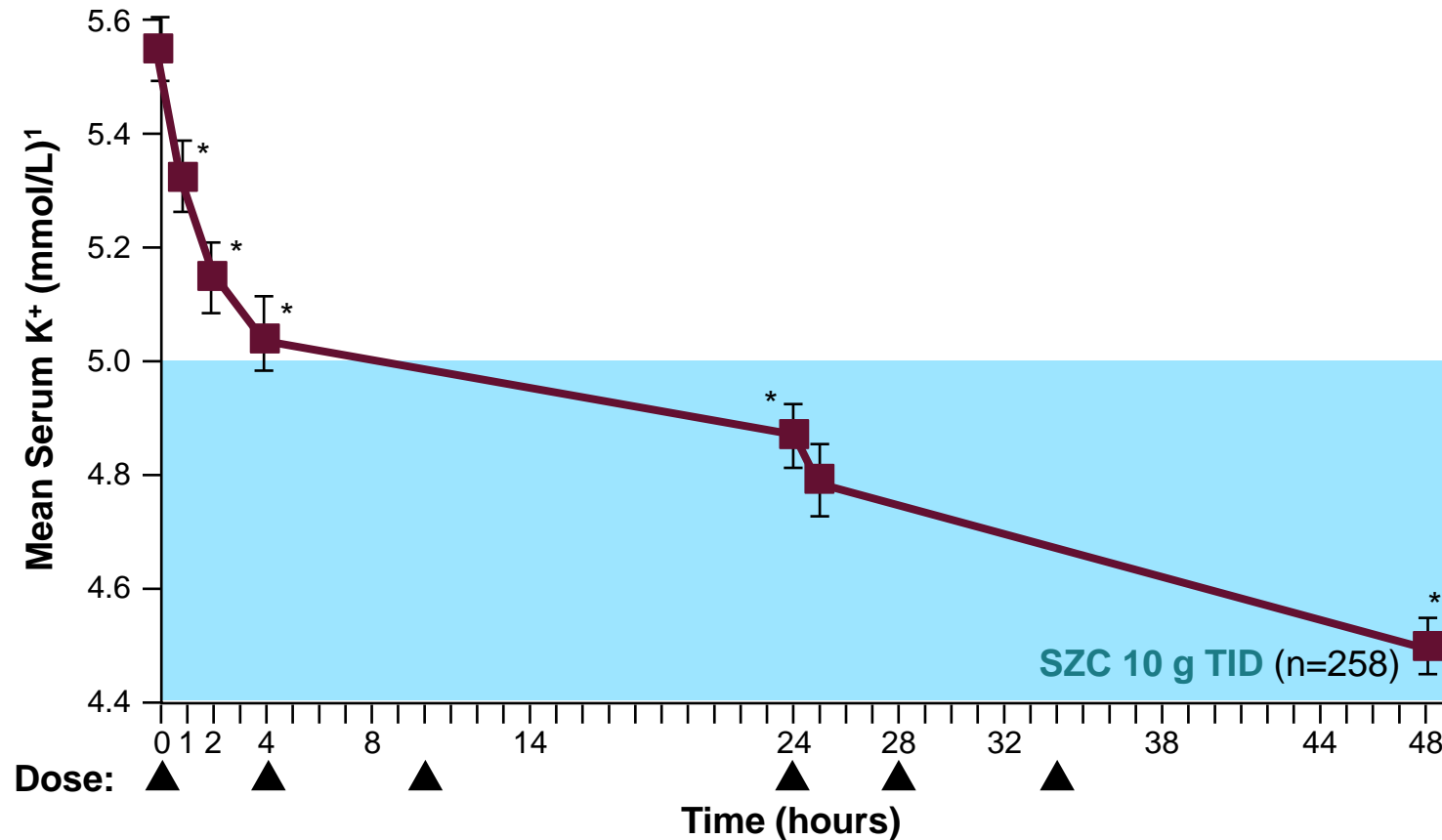
- Completed ZS-004 randomized dosing phase or discontinued due to hypo- or hyperkalemia and able to start ZS-004E dosing within 2 days after last ZS-004 dose
- i-STAT K⁺ 3.5–6.2 mmol/L at ZS-004 study Day 29 visit, OR a mean i-STAT K⁺ 3.5–6.2 mmol/L for 2 consecutive measurements at 0 and 60 minutes on correction phase Day 1/maintenance phase Day 1 if discontinued ZS-004 study due to hypo- or hyperkalemia

- Dialysis
- Cardiac arrhythmia requiring immediate treatment
- Received alternative treatment for hyperkalemia during ZS-004 study
- Diabetic ketoacidosis
- Pseudohyperkalemia

Correction for Acute patient Profiles

ZS-004 (HARMONIZE) Correction Phase: Efficacy Endpoints

Mean Serum K⁺ Levels Over 48 Hours

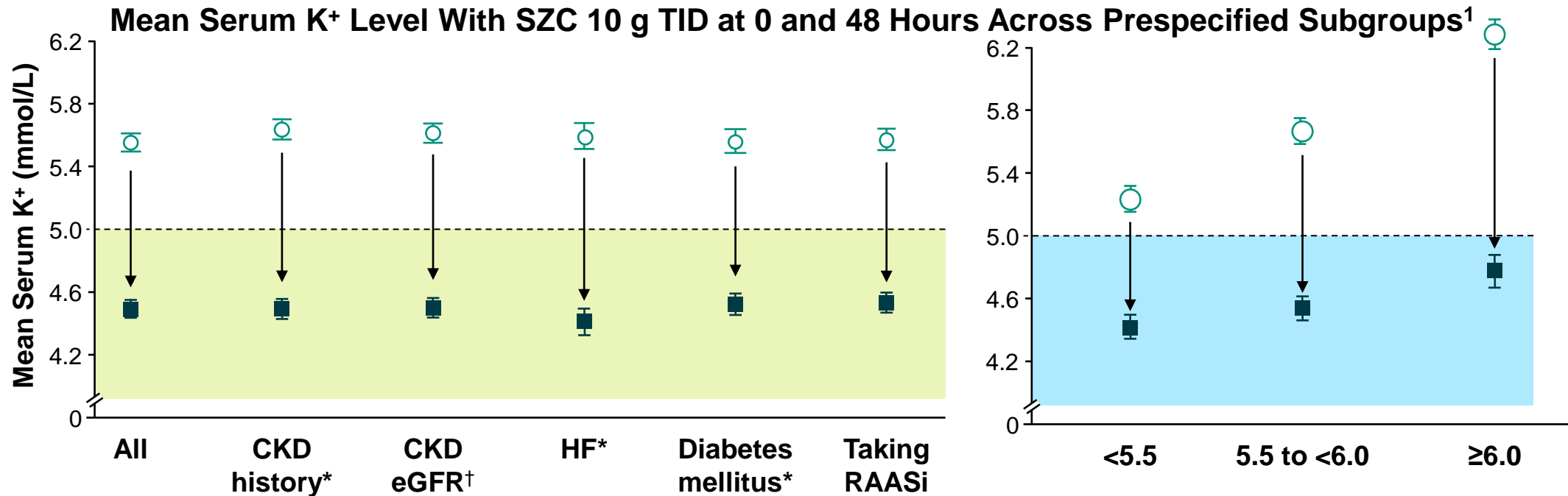


- K⁺ decreased by 0.2, 0.4, 0.5, 0.7, and 1.1 mmol/L at 1, 2, 4, 24, and 48 hours, respectively (p<0.001)¹
- Median time to K⁺ normalization was 2.2 hours (IQR, 1.0 to 22.3)¹
- Patients achieving normokalemia:
 - K-M estimates (ITT population)¹
 - 84% of patients by 24 hours
 - 98% of patients by 48 hours

ZS-004 (HARMONIZE)

Correction Phase: Mean Serum K⁺ Levels in Predefined Subgroups

SZC consistently reduced serum K⁺, regardless of comorbidities, use of RAASi therapy, or baseline K⁺ level¹⁻³



No. of patients:		Patient subgroups					
○ Baseline		258	169	179	94	170	180
■ 48 hours		251	163	172	92	166	173

No. of patients:		Baseline K ⁺ level (mmol/L)		
○ Baseline		119	100	39
■ 48 hours		115	99	37

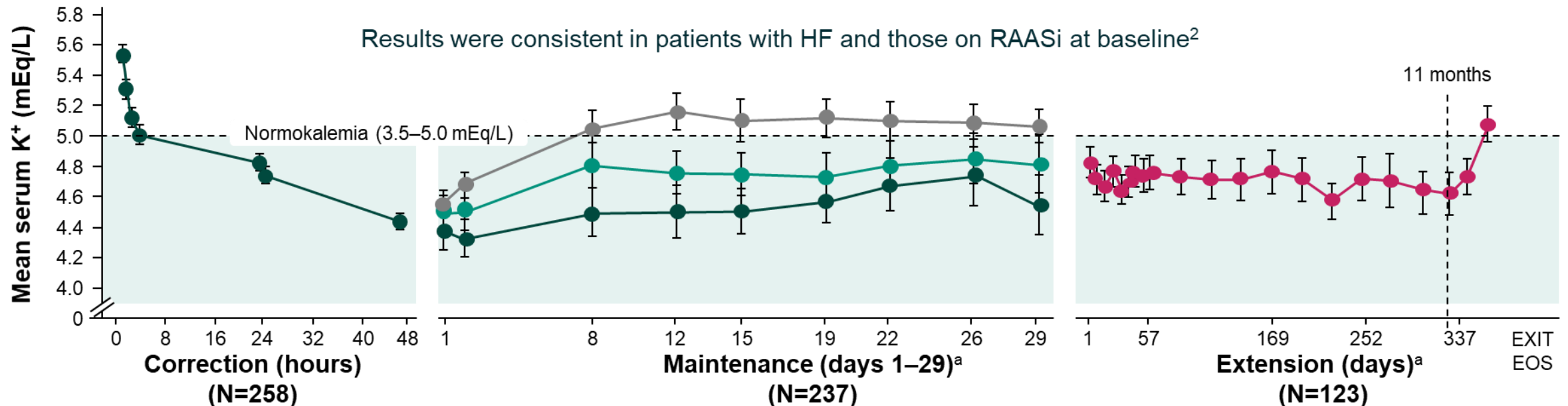
Maintance for Chronic patient Profiles

ZS-004 (HARMONIZE) + ZS-004E (Extension)

Mean Serum K⁺ Levels Across Correction, Maintenance, and Extension Phases

- 88% of patients receiving LOKELMA maintained an average serum K⁺ of <5.1 mEq/L over 11 months¹
- No dietary restrictions were imposed; patients were instructed to continue their usual diet without any specified alterations¹

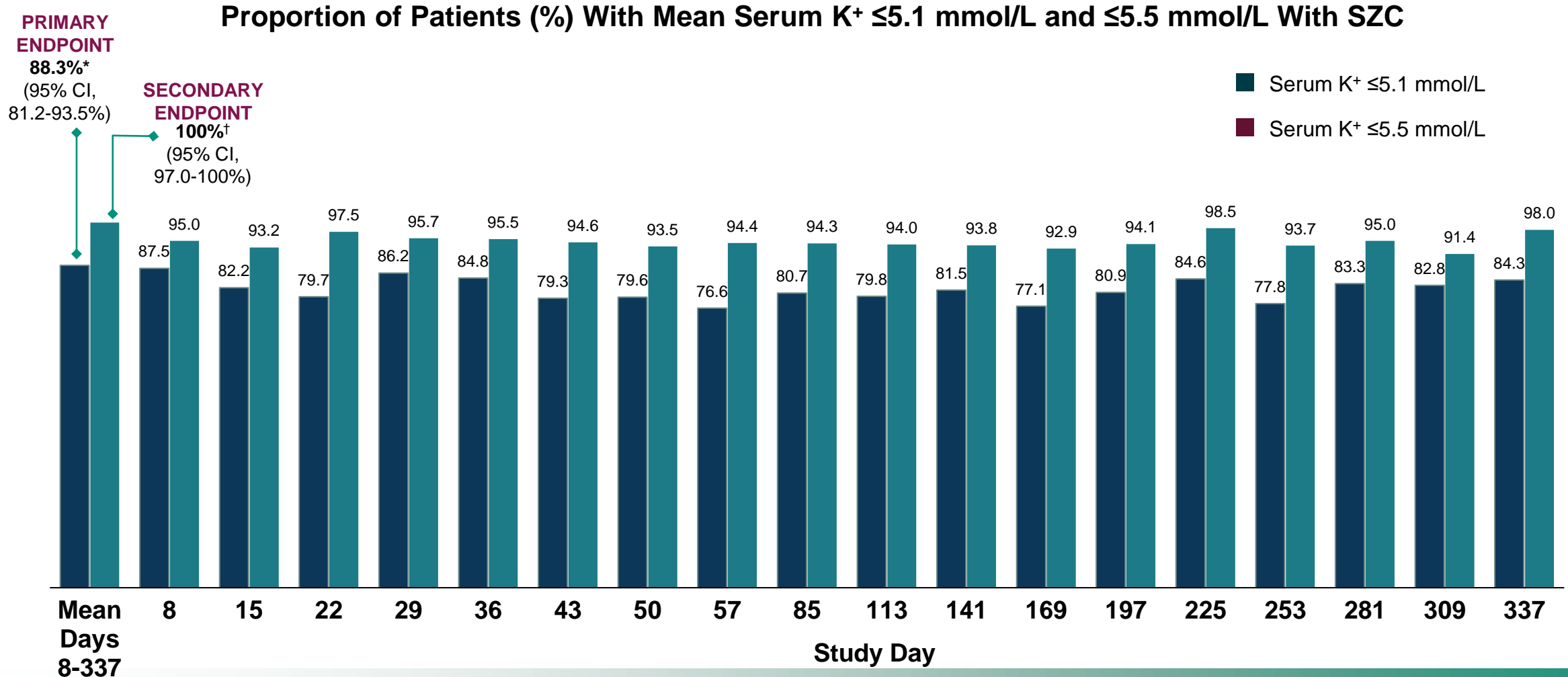
Mean serum K⁺ levels across correction, maintenance, and extension phases¹




●	Placebo (N=85)	●	LOKELMA 10 g (N=51)	EXIT	Last visit within 1 day of last dose ¹
●	LOKELMA 5 g (N=45)	●	Titrated dose	EOS	End of study (7 days after last dose) ²

ZS-004E (Extension)

Mean Serum K⁺ ≤5.1 mmol/L and ≤5.5 mmol/L (ITT Population)




ZS-004E (Extension) RAASi Dosing During the Study

Of the **38**  patients who were *RAASi-naïve* at extension phase baseline

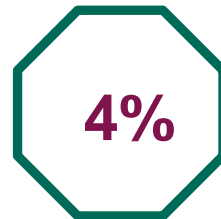


Initiated
RAASi therapy

Of the **83**  patients who received *RAASi* at the start of the extension maintenance phase



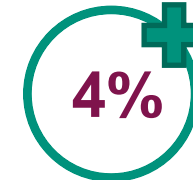
Maintained
same
RAASi dose



Discontinued
RAASi dose



Increased
RAASi dose



Added
another RAASi



Changed
RAASi dose*



Switched
RAASi therapy

KDIGO 2021 Clinical Practice Guideline for the Management of BP: Use of RAASi can often be managed by measures to reduce the serum K⁺ levels rather than decreasing the dose or stopping RAASi

Selected practice points



- Strategies to control chronic hyperkalemia include dietary potassium restriction; discontinuation of potassium supplements, certain salt substitutes, and hyperkalemic drugs; adding potassium-wasting diuretics and oral potassium binders



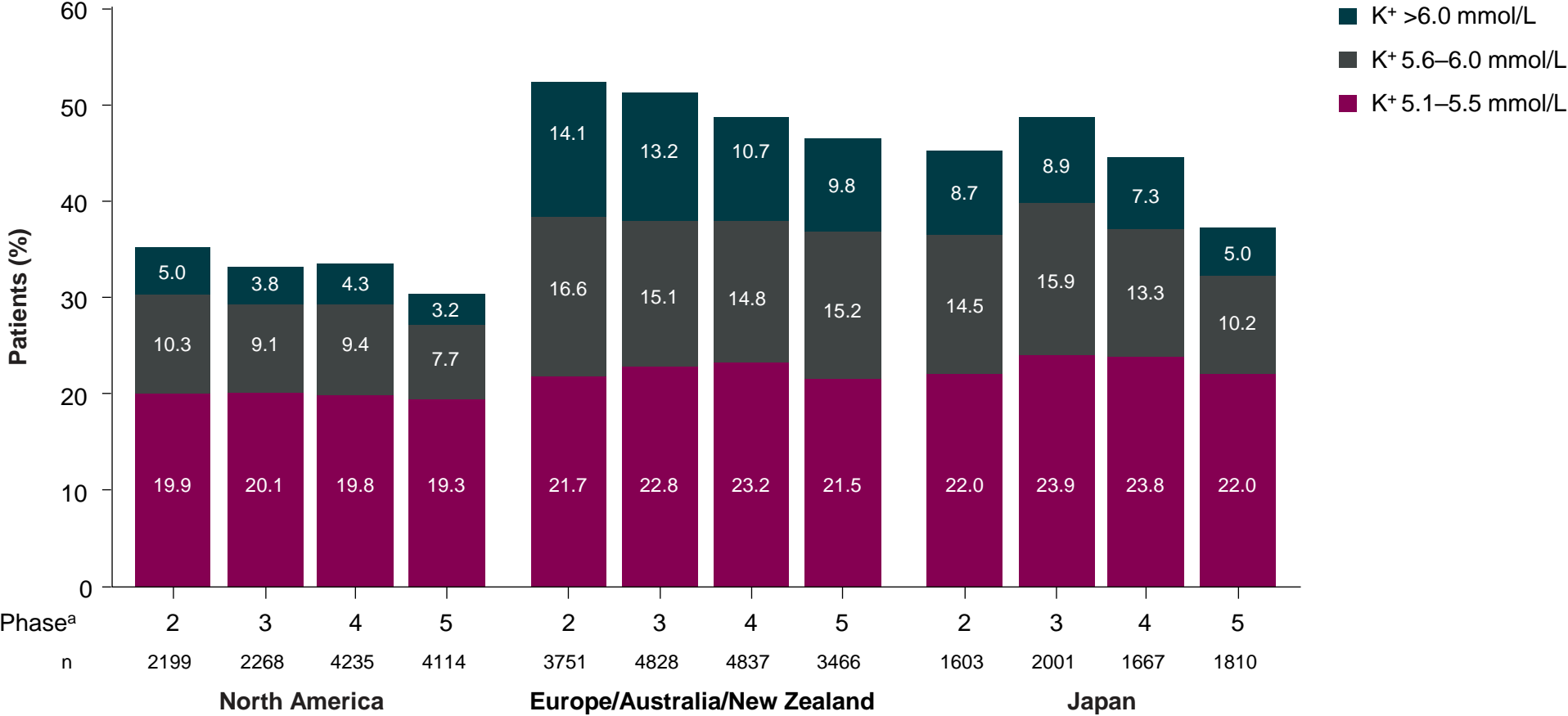
- In CKD patients receiving RASi who develop hyperkalemia, the latter can be controlled with newer oral potassium binders in many patients, with the effect that RASi can be continued at the recommended dose

ESRD: Patient's on Dialysis

What's next?

Hyperkalemia is prevalent in 30-50% of long-term hemodialysis patients

Analysis of data from an international, prospective cohort study (DOPPS) Phases 2–5 (2002–2015) in 37,852 patients with long-term dialysis (>120 days) with prevalent hyperkalemia (median follow-up 1.6 years) by various regions

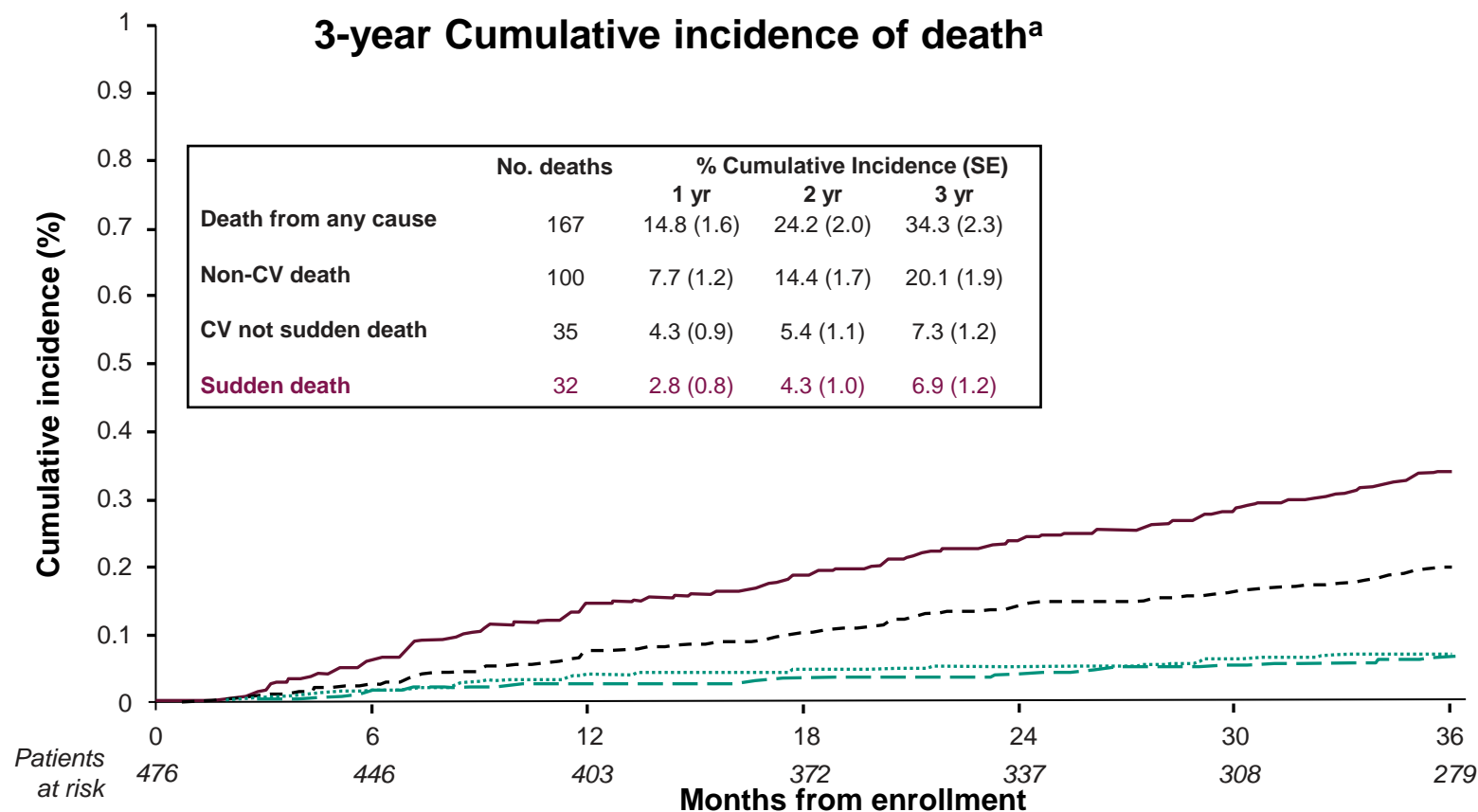


Note: Timing of K⁺ measurement in relation to the hemodialysis cycle was not described in the study.
^aPhase 2 = 2002-2004, Phase 3 = 2005-2008, Phase 4 = 2009-2011, Phase 5 = 2012-2015.
 DOPPS = Dialysis Outcomes and Practice Patterns Study.
 Xu H et al. Poster presented at: ERA-EDTA Congress; June 3-6, 2017; Madrid, Spain; Poster MP371.



Sudden cardiac death accounted for ~20% of total deaths of patients on chronic hemodialysis

Observational cohort study of 476 chronic hemodialysis patients receiving dialysis TIW who were followed from June 2003 to June 2006 from 5 dialysis centers in Italy (56% on dialysis for >36 months)

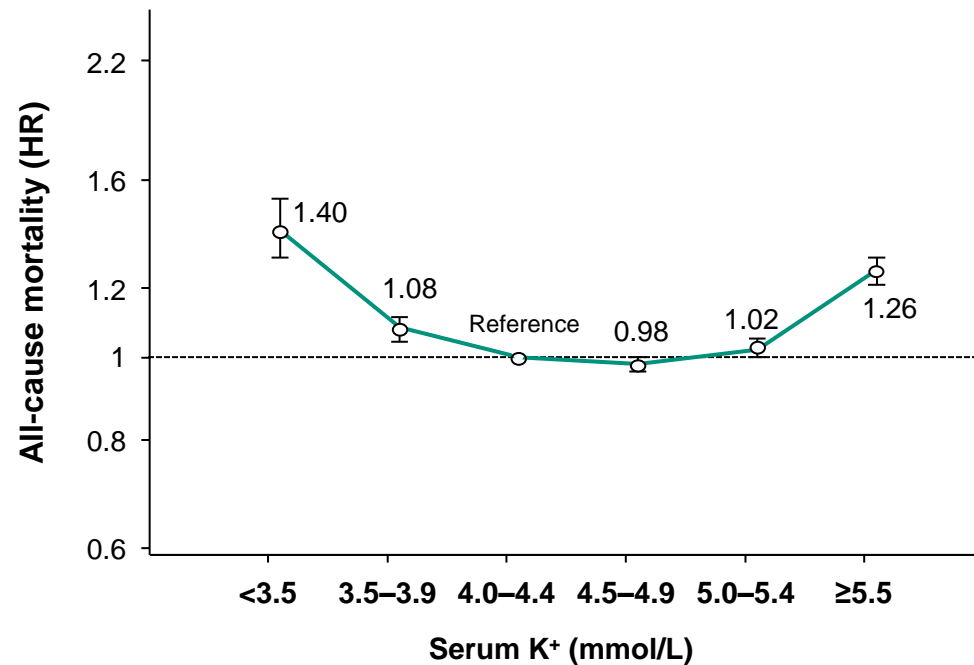


- Risk of sudden death was independently associated with the presence of atrial fibrillation, diabetes mellitus and predialytic hyperkalemia^b

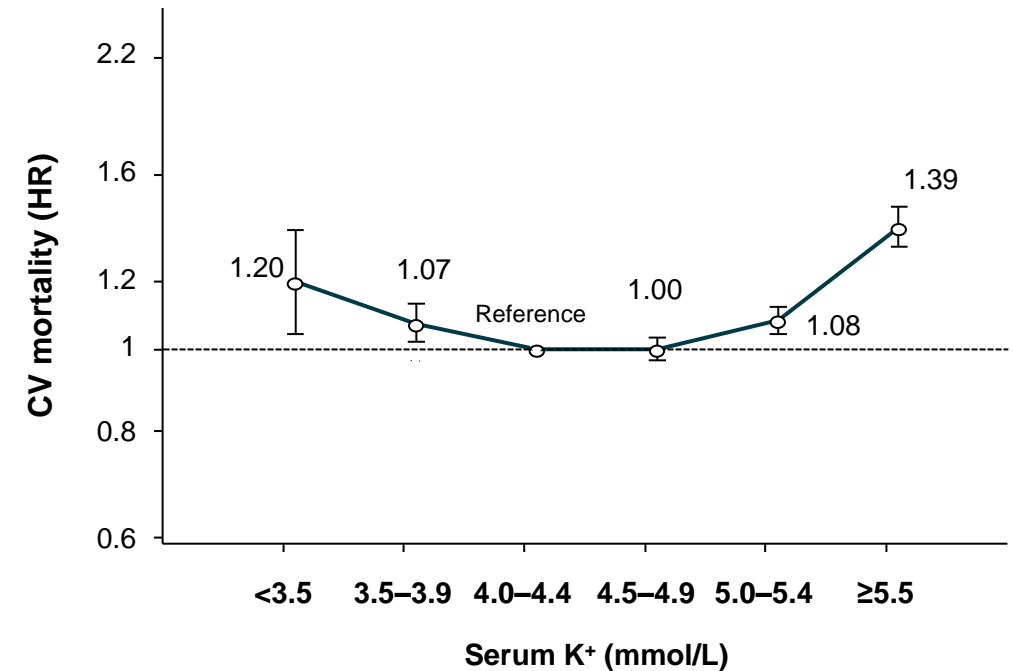
Hyperkalemia is associated with an increased risk of all-cause and CV mortality in patients receiving hemodialysis

Observational cohort study between July 2001 and June 2006 in 111,651 hemodialysis patients from US DaVita facilities

Risk of all-cause mortality by serum K⁺

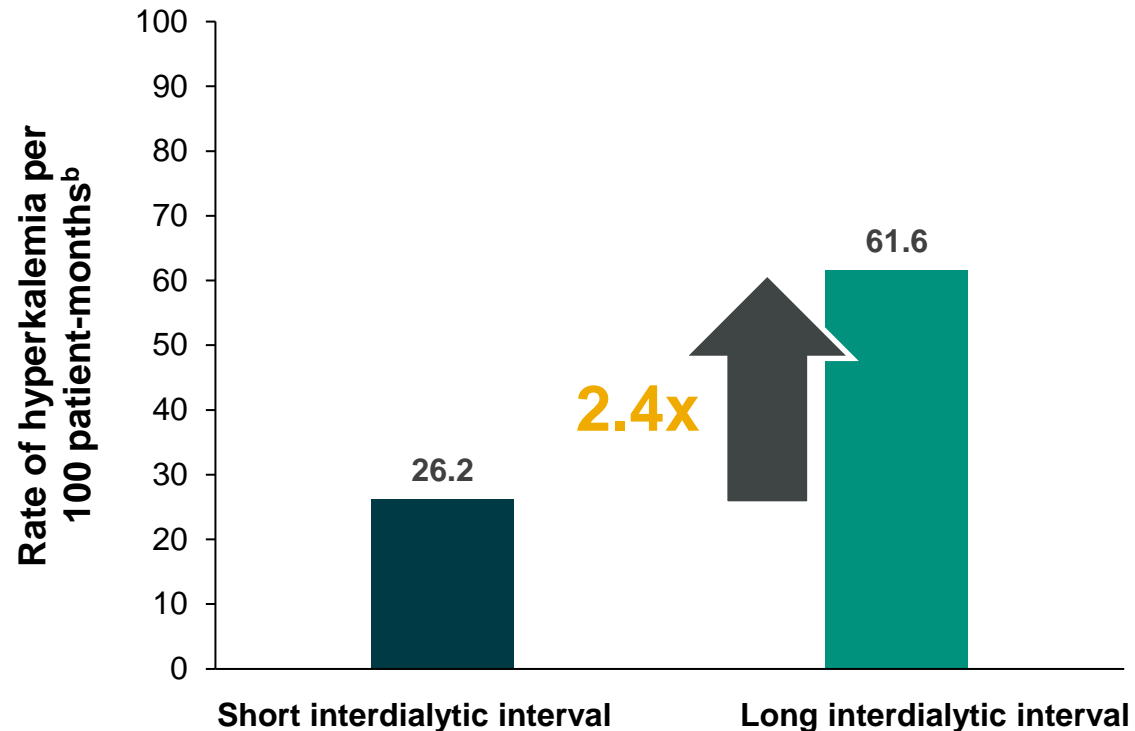


Risk of CV mortality by serum K⁺



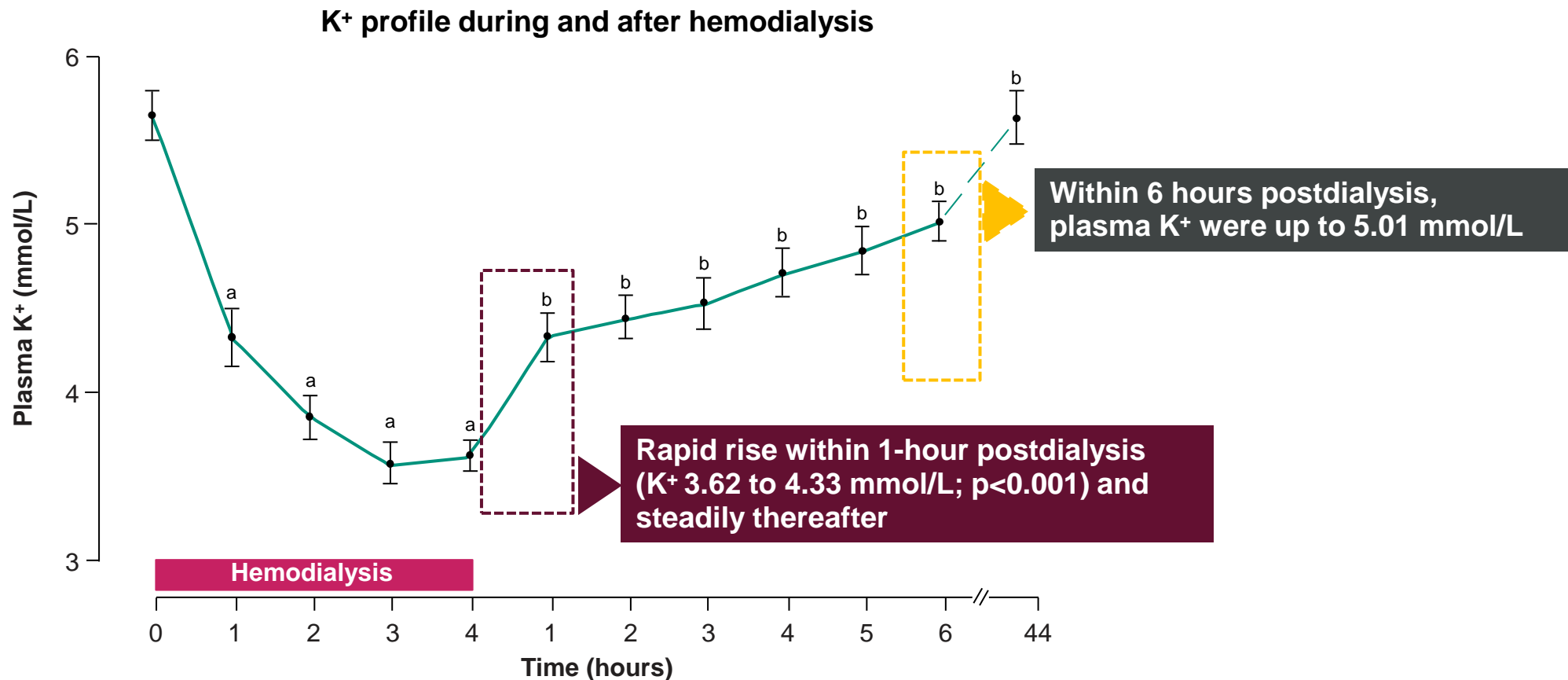
Prevalence of hyperkalemia is 2.4 times higher prior to dialysis after the long interdialytic interval compared to the short interdialytic interval^a

Retrospective observational study from the USRDS of hemodialysis patients (N=36,888) during 2010 with ≥ 6 hemodialysis sessions and ≥ 1 potassium measurement. Hyperkalemia defined as $K^+ \geq 5.5$ mmol/L



Within 6 hours after hemodialysis, patients return to being hyperkalemic

Prospective study of 14 patients with ESRD receiving chronic hemodialysis TIW with repeated predialysis levels of $K^+ \geq 5.5$ mmol/L. A standard 4 hour dialysis was performed with dialysate consisting of $K^+ 1$ mmol/L and bicarbonate 40 mmol/L



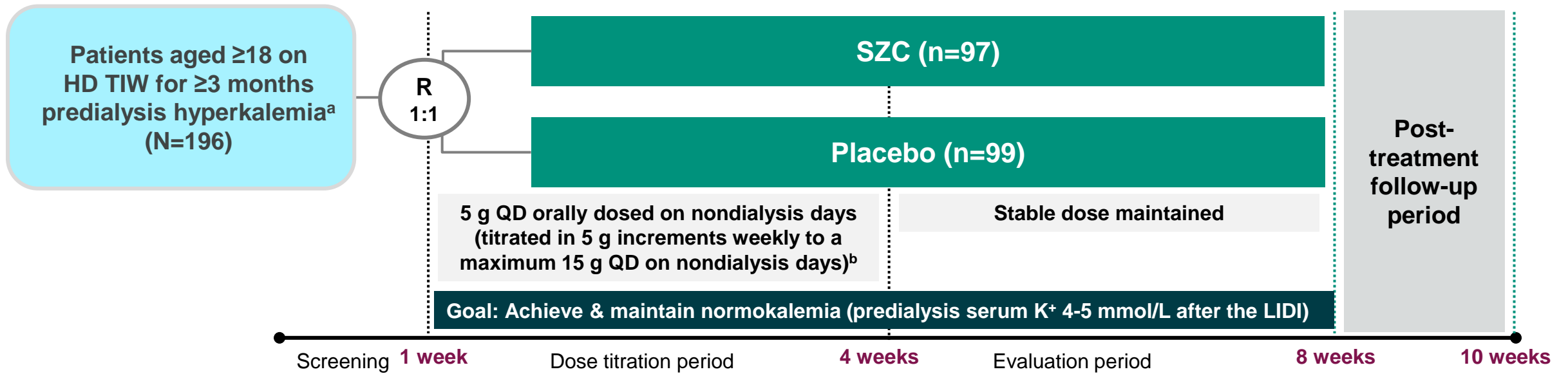
DIALIZE study

A Phase 3b, randomized, double-blind, placebo-controlled study of sodium zirconium cyclosilicate for reducing the incidence of pre-dialysis hyperkalemia

DIALIZE

Study design

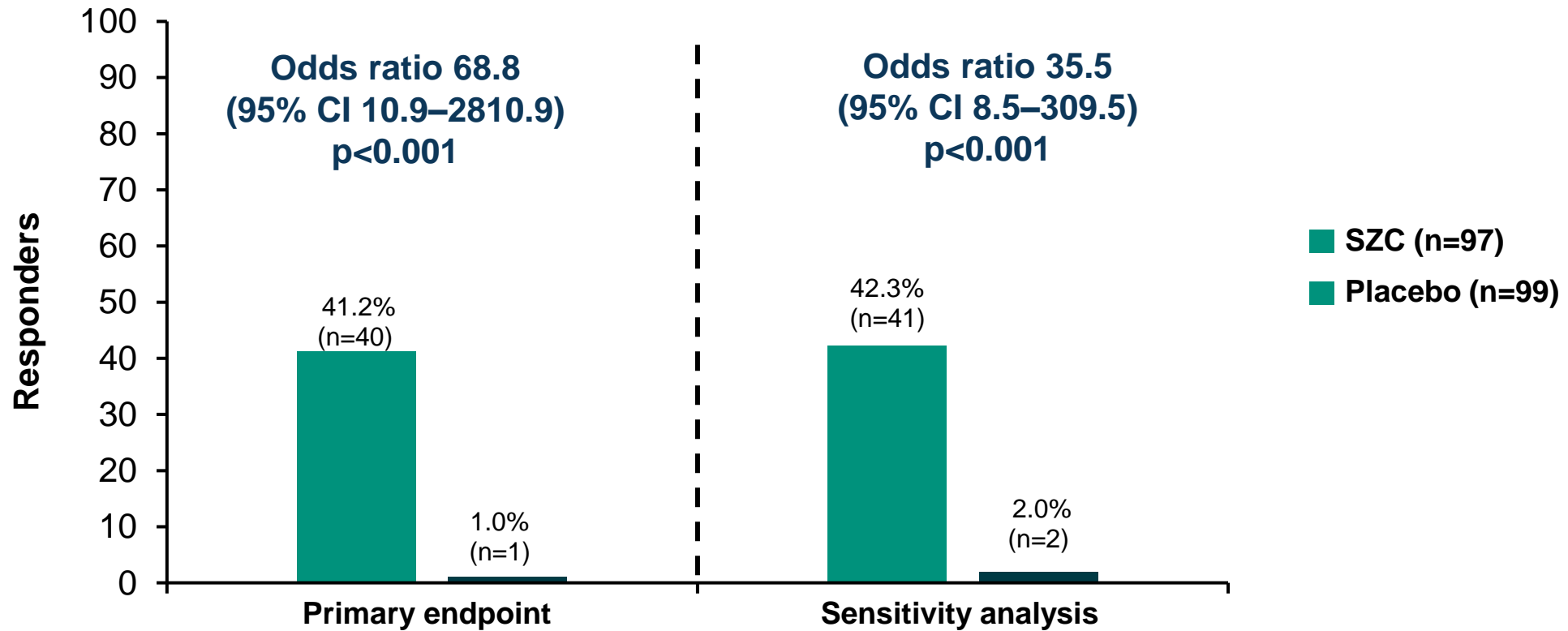
Phase IIIb, randomized, double-blind, placebo-controlled, multicenter trial designed to evaluate the efficacy and safety of SZC for the treatment of hyperkalemia in ESRD patients on stable HD



DIALIZE

Primary efficacy endpoint – Proportion of responders

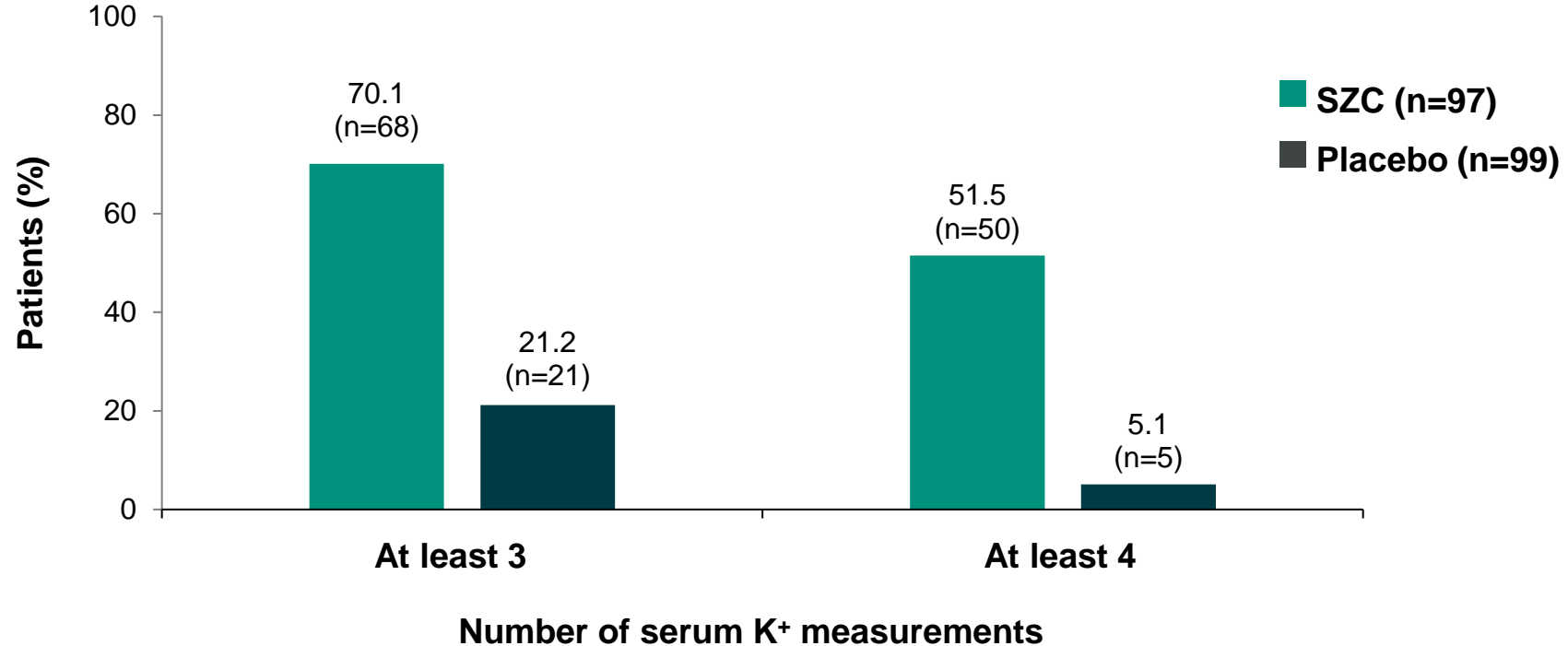
The proportion of responders^a was significantly higher with SZC than placebo. Sensitivity analysis results were consistent with the primary analysis.^b



DIALIZE

Post hoc analysis – Serum K⁺ of 3.5-5.5 mmol/L

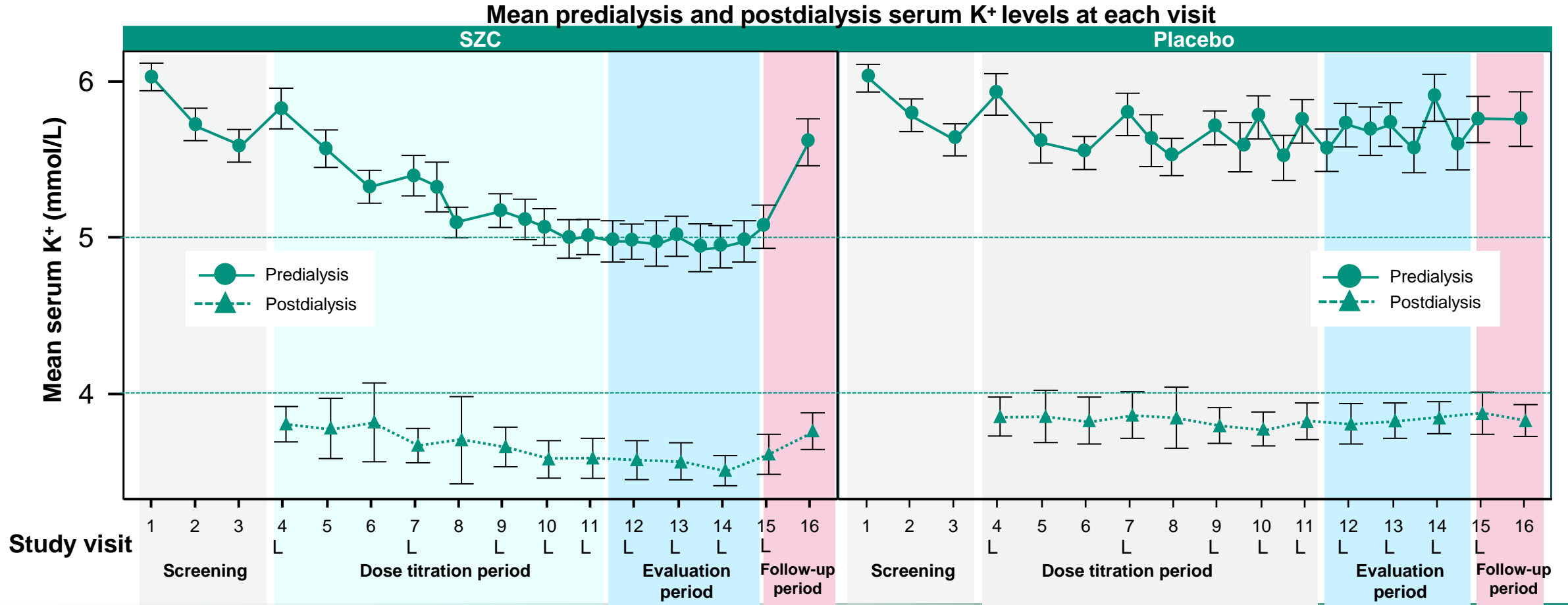
More patients receiving SZC had a serum K⁺ of 3.5-5.5 mmol/L during ≥3 of 4 HD sessions after the LIDI vs. placebo



DIALIZE

Predialysis and postdialysis serum K⁺ concentrations

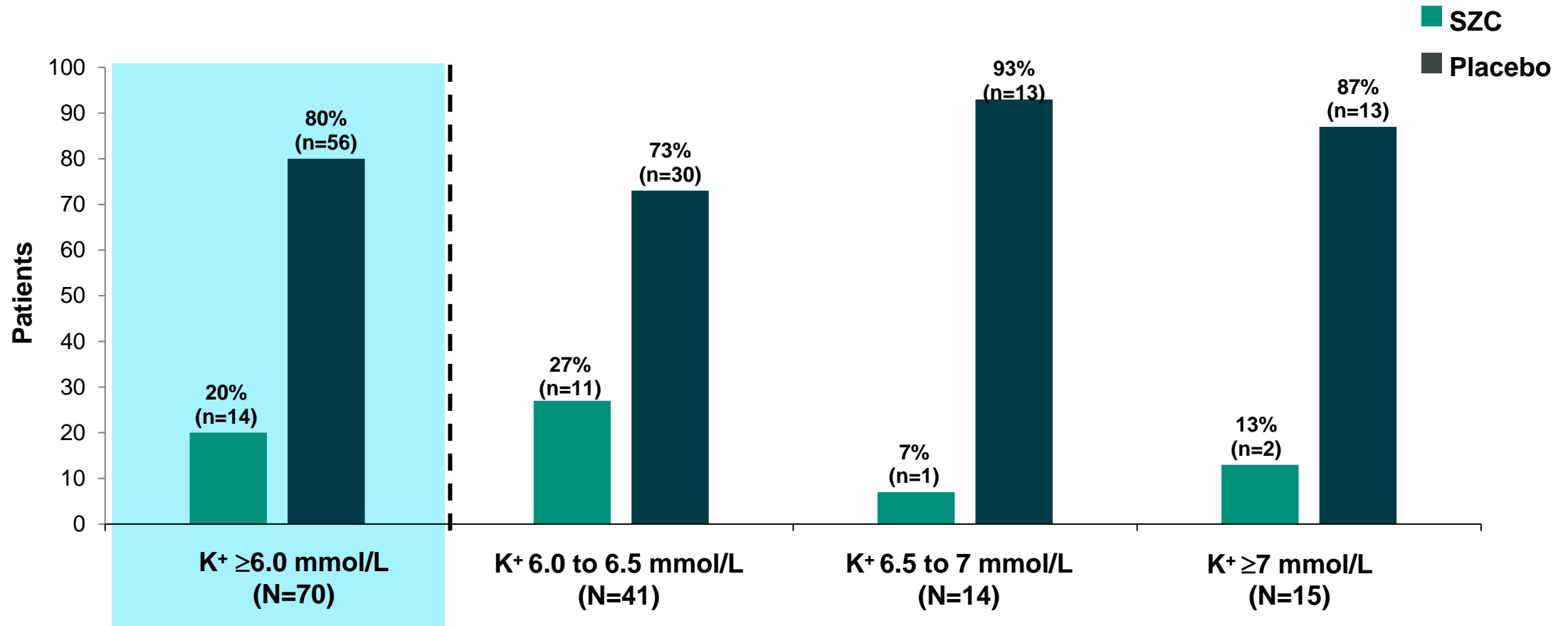
Predialysis and postdialysis mean serum K⁺ levels were comparable between the groups at baseline and were lower in the SZC group vs. the placebo group at the end of both the dose titration period and the evaluation period



DIALIZE

Post hoc analysis – Maximum serum K⁺ concentrations

Fewer patients with SZC had serum K⁺ ≥6.0 mmol/L following the LIDI during the evaluation period vs. placebo



DIALIZE

Summary

DIALIZE is the first randomized, placebo-controlled trial to evaluate the efficacy and safety of a potassium binder in the treatment of hyperkalemia in patients on HD

The study met its primary endpoint by demonstrating that significantly more patients with SZC (41%) maintained a predialysis serum K⁺ between 4.0-5.0 mmol/L during ≥3 of 4 HD sessions after the LIDI and did not require rescue therapy vs. placebo (1%; p<0.001)

- More patients receiving SZC (70%) achieved a predialysis serum K⁺ between 3.5-5.5 mmol/L during ≥3 of 4 HD sessions after the LIDI vs. placebo (21%)

There were no differences between SZC and placebo in interdialytic weight gain, a marker of sodium and fluid retention

SZC was well-tolerated with most adverse events mild or moderate in intensity. The adverse event profiles between the treatment groups were similar, including GI adverse events and hypokalemia

NICE and Renal Association UK recommend using novel K⁺ binders to manage HK, minimising the demand for hospital services during the COVID-19 pandemic

Recommendations regarding the use of newer K⁺ binders:

For dialysis service delivery



- [Use novel K⁺ binders to] support delaying starting dialysis or to treat hyperkalaemia¹
- Develop individualised plans for patients so that their dialysis schedule can be reduced safely if that becomes necessary – local policies should address the use of fluid restriction and the prescription of potassium binders to allow the frequency of dialysis to be reduced²

For acute kidney injury in the hospital setting

- As options alongside standard care for the emergency management of acute life-threatening hyperkalaemia³



UK prescribing and adverse event reporting information is available at: <https://medicines.astrazeneca.co.uk/content/dam/multibrand/uk/en/prescribinginformation/lokelma-pi.pdf>

COVID-19, coronavirus disease 2019; HK, hyperkalaemia; NICE, UK National Institute for Health and Care Excellence

1. UK National Institute for Health and Care Excellence. COVID-19 rapid guideline: Dialysis service delivery (NG160). Available at: <https://www.nice.org.uk/guidance/ng160/resources/covid19-rapid-guideline-dialysis-service-delivery-pdf-66141894031045> (Accessed September 2021); 2. The Renal Association UK. Renal Association commentary on NICE COVID-19 rapid guideline: Dialysis service delivery. Available at:

https://ukkidney.org/sites/renal.org/files/RA%20commentary%20on%20NICE%20COVID-19%20rapid%20guideline-%20dialysis%20service%20delivery_Final-2.pdf (Accessed September 2021); 3. UK National Institute for Health and Care

Excellence. COVID-19 rapid guideline: Managing COVID-19 (NG191). Available at: <https://www.nice.org.uk/guidance/ng191/resources/covid19-rapid-guideline-managing-covid19-pdf-51035553326> (Accessed September 2021)

Safety Profile

ZS-004 (HARMONIZE)

Serious Adverse Events

Adverse Event, n (%)	Correction Phase	Maintenance Phase			
	SZC 10 g TID (n=258)	Placebo QD (n=85)	SZC 5 g QD (n=45)	SZC 10 g QD* (n=51)	SZC 15 g QD (n=56)
Any serious adverse event	0	0	5 (11.1)	2 (3.9)	3 (5.4)
Cardiac disorders					
Cardiac failure, congestive	0	0	1 (2.2)	0	0
Myocardial infarction	0	0	0	1 (2.0)	0
Gastrointestinal disorders					
Small intestinal obstruction	0	0	1 (2.2)	0	0
General disorders and administration-site conditions					
Generalized edema	0	0	0	0	1 (1.8)
Hepatobiliary disorders					
Hepatotoxicity	0	0	1 (2.2)	0	0
Cellulitis	0	0	0	1 (2.0)	0
Pneumonia	0	0	1 (2.2)	0	1 (1.8)
Psychiatric disorders					
Confusional state	0	0	1 (2.2)	0	0
Respiratory, thoracic, and mediastinal disorders					
Dyspnea	0	0	0	0	1 (1.8)

ZS-004 (HARMONIZE)

Adverse Events

Adverse Events Occurring in ≥5% of Patients, n (%)	Correction Phase	Maintenance Phase			
	SZC 10 g TID (n=258)	Placebo QD (n=85)	SZC 5 g QD (n=45)	SZC 10 g QD (n=51)	SZC 15 g QD (n=56)
Any event	20 (7.8)	27 (31.8)	24 (53.3)	15 (29.4)	25 (44.6)
Blood and lymphatic system disorders					
Anemia	0	0	0	0	3 (5.4)
Gastrointestinal disorders*					
Constipation	2 (0.8)	6 (7.1)	0	1 (2.0)	1 (1.8)
General disorders and administration-site conditions					
Edema [†]	0	2 (2.4)	1 (2.2)	3 (5.9)	8 (14.3)
Metabolism and nutrition disorders					
Hypokalemia (<3.5 mmol/L) [‡]	0	0	0	5 (9.8)	6 (10.7)
Hypokalemia (reported as AE)	0	0	0	0	1 (1.8)
Infections and infestations					
Nasopharyngitis	0	1 (1.2)	0	0	3 (5.4)
Upper respiratory tract infection	1 (0.4)	1 (1.2)	3 (6.7)	1 (2.0)	1 (1.8)


- No clinically relevant changes in serum electrolytes (Na⁺, Mg²⁺, or Ca²⁺), vital signs, blood pressure, heart rate, or body weight
- No dose-dependent increase in urinary sodium excretion

MAINTENANCE DOSING¹


- LOKELMA is a daily maintenance treatment option for hyperkalaemia (for non-dialysis patients)¹
- Recommended dosing of LOKELMA to achieve and sustain normokalaemia¹

FOR ADULT (NON-DIALYSIS) PATIENTS

Correction phase

3x  **/day*†**
10 g
for 24 to 48 hours
until normokalaemia is achieved**†

Maintenance phase

1x  **/day*†**
5 g
for up to 1 year
To establish minimum effective dose, LOKELMA may be titrated


- Up to **10 g once daily** or
- Down to **5 g once every other day**

No more than **10 g once daily** should be used for maintenance therapy

New SmPC Update Based on DIALIZE Data

FOR HAEMODIALYSIS PATIENTS

RECOMMENDED STARTING DOSE

1x  **/non-dialysis days**
5 g

To establish normokalaemia, the dose may be titrated up or down weekly based on the predialysis serum K⁺ after the long interdialytic interval

The dose could be adjusted at intervals of one week in increments of 5 g:

- **Up to 15 g once daily on non-dialysis days**

It is recommended to monitor serum K⁺ weekly while the dose is adjusted. To maintain normokalaemia, it is recommended to monitor serum K⁺ regularly (e.g., monthly or more frequently based on clinical judgement)

Serum K⁺ levels should be monitored regularly during treatment. Monitoring frequency will depend upon a variety of factors, including other medications, progression of CKD and dietary K⁺ intake. If severe hypokalaemia should occur, LOKELMA should be discontinued and the patient is re-evaluated.

LOKELMA should be administered at least 2 hours before or 2 hours after oral medications with clinically meaningful gastric pH-dependent bioavailability. Refer to Summary of Product Characteristics for more information including examples of such medicines.

Serum K⁺ levels should be monitored periodically during treatment

*If normokalaemia is not achieved within 48 hours of treatment, the same regimen can be continued for an additional 24 hours. If normokalaemia is not achieved after 72 hours of treatment, other treatment approaches should be considered; †Patients who miss a dose should be instructed to take the next usual dose at their normal time.¹

1. AstraZeneca. LOKELMA Summary of Product Characteristics 2020.



THANK YOU